

| Pos | Naam | Cat | Vereniging | 100 | 300 | Punten |
|-----|------------------------|-----|--------------|-------|-------|--------|
| 1 | Jasmijn Hiddink | DPA | EIJV | 12.52 | 29.61 | 22.390 |
| 2 | Maud Salomons | DPA | DNIJ | 12.42 | 30.49 | 22.583 |
| 3 | Myrthe Kuiper | DPB | DNIJ | 12.57 | 30.61 | 22.773 |
| 4 | Britt van der Linden | DPB | YC STOKVIS | 12.63 | 30.68 | 22.856 |
| 5 | Julia Vredenberg | DPA | DYC | 12.60 | 30.90 | 22.900 |
| 6 | Ellis van Halteren | DPA | DYC | 12.62 | 31.04 | 22.966 |
| 7 | Noëmi de Boer | DPA | DYC | 12.84 | 31.36 | 23.293 |
| 8 | Lenneke Groot Koerkamp | DPA | DYC | 12.60 | 32.24 | 23.346 |
| 9 | Tes Leferink | DPB | DYC | 12.79 | 32.27 | 23.546 |
| 10 | Jette Beek | DPB | DNIJ | 13.53 | 32.75 | 24.446 |
| 11 | Amber Loonstra | DPB | DNIJ | 13.46 | 33.35 | 24.576 |
| 12 | Evy van Zoest | DPB | DNIJ | 13.08 | 35.33 | 24.856 |
| 13 | Elin Troost | DPA | DYC | 13.60 | 35.09 | 25.296 |
| 14 | Kyara Pasman | DPB | YC STOKVIS | 13.63 | 35.10 | 25.330 |
| 15 | Yonne Oonk | DPB | YC STOKVIS | 13.96 | 35.18 | 25.686 |
| 16 | Annika Troost | DPB | DYC | 13.88 | 35.52 | 25.720 |
| 17 | Iris Rietman | DPC | DYC | 13.71 | 37.01 | 26.046 |
| 18 | Dalanda Jalloh | DPB | DYC | 13.82 | 37.20 | 26.220 |
| 19 | Inge Blaakmeer | DPB | EIJV | 14.27 | 36.34 | 26.383 |
| 20 | Annabel Weteringe | DPC | SPORTIEF | 14.19 | 36.85 | 26.473 |
| 21 | Imre ten Have | DPB | SPORTIEF | 13.92 | 37.93 | 26.563 |
| 22 | Nienke Krabbendam | DPC | DYC | 14.02 | 38.32 | 26.793 |
| 23 | Dilara Hultink | DPD | TG SV ZWOLLE | 14.58 | 39.22 | 27.653 |
| 24 | Carice Boekema | DPB | DYC | 14.42 | 40.06 | 27.773 |
| 25 | Mette ten Cate | DPC | YC STOKVIS | 14.44 | 40.71 | 28.010 |
| 26 | Jasmijn ter Haar | DPD | SPORTIEF | 14.89 | 41.23 | 28.633 |
| 27 | Elena Ruijtenberg | DPD | TG SV ZWOLLE | 14.85 | 41.70 | 28.750 |
| 28 | Mirte Pelgrum | DPB | SPORTIEF | 15.36 | 40.23 | 28.770 |
| 29 | Isis van Til | DPC | SPORTIEF | 15.13 | 41.52 | 28.970 |
| 30 | Ineke Westra | DPB | DYC | 15.34 | 41.42 | 29.146 |
| 31 | Eline Jansen | DPA | DYC | 15.26 | 43.93 | 29.903 |
| 32 | Bente van Bolhuis | DPD | TG SV ZWOLLE | 16.28 | 40.96 | 29.933 |
| 33 | Diede Salomons | DPE | DNIJ | 15.37 | 45.28 | 30.463 |
| 34 | Marthe Schalkwijk | DPD | SPORTIEF | 16.42 | 46.63 | 31.963 |
| 35 | Denise Thül | DPE | TG SV ZWOLLE | 16.42 | 46.79 | 32.016 |
| 36 | Jinthe van t Ende | DPE | TG SV ZWOLLE | 17.05 | 45.57 | 32.240 |
| 37 | Charley Boekema | DPF | DYC | 16.79 | 48.93 | 33.100 |
| 38 | Kim Pelgrum | DPD | SPORTIEF | 16.76 | 51.23 | 33.836 |
| 39 | Sanna van der Velde | DPE | YC STOKVIS | 17.57 | 49.27 | 33.993 |
| 40 | Lise Koier | DPD | DYC | 18.49 | 47.21 | 34.226 |
| 41 | Imme Ooijman | DPD | DYC | 16.97 | 52.78 | 34.563 |

| Pos | Naam | | Cat | Vereniging | 100 | 300 | Punten |
|-----|------------|----------|-----|------------|-------|-------|--------|
| 42 | Nova Tieke | 10206876 | DPD | YC STOKVIS | 20.91 | 53.50 | 38.743 |

| Pos | Naam | | Cat | Vereniging | 100 | 300 | Punten |
|-----|---------------------|----------|-----|----------------|-------|-------|--------|
| 1 | Yasmine Bouaziz | 10157505 | DC2 | DNIJ | 11.85 | 28.11 | 21.220 |
| 2 | Loes Busser | 10160459 | DC2 | YC IN BEWEGING | 11.97 | 28.29 | 21.400 |
| 3 | Birte Tellegen | 10162885 | DC1 | YC STOKVIS | 12.50 | 30.01 | 22.503 |
| 4 | Bo Meijer | 10162793 | DC2 | YC STOKVIS | 12.50 | 30.09 | 22.530 |
| 5 | Elke ten Have | 10164279 | DC1 | SPORTIEF | 12.42 | 30.47 | 22.576 |
| | Daphne Olla | 10188184 | DC1 | SPORTIEF | 12.60 | 29.93 | 22.576 |
| 7 | Anna van Meijeren | 10157804 | DC1 | EIJV | 12.52 | 30.90 | 22.820 |
| 8 | Britt Bijker | 10157533 | DC1 | YC STOKVIS | 12.81 | 30.43 | 22.953 |
| 9 | Suze Egbring | 10163818 | DC1 | DYC | 12.89 | 32.44 | 23.703 |
| 10 | Noor Hettinga | 10158557 | DC2 | DYC | 13.15 | 31.96 | 23.803 |
| 11 | Marit van Mullem | 10165536 | DC1 | DYC | 13.30 | 33.13 | 24.343 |
| 12 | Lotte van den Noort | 10171660 | DC2 | DYC | 13.33 | 33.44 | 24.476 |
| 13 | Mendy Pasman | 10157532 | DC2 | YC STOKVIS | 13.72 | 32.68 | 24.613 |
| 14 | Fleur Krimp | 10184351 | DC2 | DNIJ | 13.87 | 33.29 | 24.966 |
| 15 | Cheryl Buitenhuis | 10161644 | DC2 | DYC | 12.52 | 39.59 | 25.716 |
| 16 | Rinske Egers | 10160485 | DC2 | DYC | 14.30 | 36.48 | 26.460 |

| Pos | Naam | | Cat | Vereniging | 100 | 300 | Punten |
|-----|------------------|----------|-----|-------------|-------|-------|--------|
| 1 | Quinty Vos | 10161668 | DB1 | DNIJ | 11.76 | 27.69 | 20.990 |
| 2 | Famke Minnee | 10163921 | DB2 | YC STOKVIS | 12.16 | 27.62 | 21.366 |
| 3 | Zoë Tiemens | 10162592 | DB2 | DNIJ | 12.28 | 27.58 | 21.473 |
| 4 | Zefina de Bruin | 10157787 | DB2 | THLF ARNHEM | 12.50 | 29.19 | 22.230 |
| 5 | Eline Jansen | 10161500 | DB2 | SPORTIEF | 12.63 | 29.50 | 22.463 |
| 6 | Lente Strijtveen | 10160411 | DB1 | DYC | 12.39 | 30.43 | 22.533 |
| 7 | Marit van Andel | 10162691 | DB1 | EIJV | 12.92 | 29.94 | 22.900 |
| 8 | Demi Bartelds | 10160322 | DB2 | DNIJ | 13.16 | 31.34 | 23.606 |
| 9 | Eline ten Have | 10159210 | DB1 | SPORTIEF | 13.34 | 33.20 | 24.406 |
| 10 | Anna Keijzer | 10164218 | DB1 | DYC | 14.14 | 36.09 | 26.170 |

| Pos | Naam | | Cat | Vereniging | 100 | 300 | Punten |
|-----|--------------------------|----------|-----|--------------|-------|-------|--------|
| 1 | Muriël Meijer | 10160449 | DN1 | DYC | 11.50 | 26.79 | 20.430 |
| 2 | Antoinet van Essen-Prins | 10155138 | DSA | TG DSO | 11.76 | 28.80 | 21.360 |
| 3 | Nadine Schipper | 10164471 | DA1 | DYC | 11.94 | 28.92 | 21.580 |
| 4 | Jeanette ten Hag | 10161505 | D40 | DYC | 12.14 | 29.13 | 21.850 |
| 5 | Inge van Essen | 10155058 | DSA | DYC | 12.02 | 29.58 | 21.880 |
| 6 | Femke Assink | 10161397 | DA1 | DYC | 12.21 | 29.32 | 21.983 |
| 7 | Wietske Bannink | 10155055 | DSA | DYC | 12.28 | 29.82 | 22.220 |
| 8 | Joanne Spliethof | 10217297 | DSA | DYC | 12.44 | 30.04 | 22.453 |
| 9 | Chantal Rietman-Herms | 10171804 | D40 | DYC | 12.49 | 30.01 | 22.493 |
| 10 | Danique Dellink | 10160237 | DA2 | DYC | 12.76 | 31.16 | 23.146 |
| 11 | Jasmijn Egers | 10158188 | DA2 | DYC | 12.70 | 31.77 | 23.290 |
| 12 | Sacha Vos | 10161634 | DA1 | DYC | 12.91 | 31.37 | 23.366 |
| 13 | Inge den Hartogh | 10198445 | D45 | DYC | 12.93 | 31.99 | 23.593 |
| 14 | Zelda Welgraven | 10160241 | DA2 | DYC | 13.12 | 32.74 | 24.033 |
| 15 | Anouk Kraa | 10161370 | DN1 | TG SV ZWOLLE | 13.35 | 32.65 | 24.233 |
| 16 | Nikki Winter | 10205958 | DA2 | TG SV ZWOLLE | 13.79 | 32.77 | 24.713 |
| 17 | Sara Egers | 10161058 | DA1 | DYC | 13.51 | 34.60 | 25.043 |

| Pos | Naam | Cat | Vereniging | 100 | 300 | Punten |
|-----|------------------------|-----|----------------|-------|-------|--------|
| 1 | Floris van Velsen | HPA | DYC | 11.99 | 29.87 | 21.946 |
| 2 | Olaf Vunderink | HPA | DYC | 12.11 | 29.74 | 22.023 |
| | Luuk van de Pol | HPB | YC STOKVIS | 12.15 | 29.62 | 22.023 |
| 4 | Bodhi Smeele | HPB | TG SV ZWOLLE | 12.48 | 30.87 | 22.770 |
| 5 | Just Venema | HPA | TG SV ZWOLLE | 13.01 | 31.31 | 23.446 |
| 6 | Jonas Bakker | HPB | TG SV ZWOLLE | 13.05 | 32.30 | 23.816 |
| 7 | Jack Boekema | HPD | DYC | 13.16 | 32.76 | 24.080 |
| 8 | Ruben de Rijk | HPB | TG DSO | 13.20 | 32.86 | 24.153 |
| 9 | Govert van der Weijden | HPB | DYC | 13.29 | 33.77 | 24.546 |
| 10 | Etienne Tournier | HPB | DYC | 13.46 | 33.96 | 24.780 |
| 11 | Joris Mulder | HPC | DNIJ | 13.72 | 34.05 | 25.070 |
| 12 | Niels Teunissen | HPB | EIJV | 13.69 | 34.15 | 25.073 |
| 13 | Jeroen Stiekema | HPA | DNIJ | 14.03 | 34.96 | 25.683 |
| 14 | Niels Hiddink | HPD | EIJV | 14.28 | 34.31 | 25.716 |
| 15 | Djem Smeele | HPD | TG SV ZWOLLE | 13.77 | 36.03 | 25.780 |
| 16 | Beau Kappers | HPB | SPORTIEF | 13.83 | 35.86 | 25.783 |
| 17 | Jelle Kleinlugtenbeld | HPC | YC STOKVIS | 13.80 | 36.06 | 25.820 |
| 18 | Douwe Sweers | HPC | SPORTIEF | 13.76 | 36.24 | 25.840 |
| 19 | Wietse Salomons | HPC | DNIJ | 14.06 | 36.98 | 26.386 |
| 20 | Dexter Braunius | HPA | DYC | 14.29 | 36.76 | 26.543 |
| 21 | Stefan Everts | HPE | YC STOKVIS | 14.24 | 37.40 | 26.706 |
| 22 | Noam van de Koppel | HPC | DYC | 14.20 | 37.55 | 26.716 |
| 23 | Huub Smeets | HPB | SPORTIEF | 14.44 | 39.18 | 27.500 |
| 24 | Simon Wiegman | HPC | TG DSO | 14.54 | 39.12 | 27.580 |
| 25 | Daniël Uijlenbroek | HPA | DYC | 13.43 | 43.10 | 27.796 |
| 26 | Casper Hekkert | HPD | SPORTIEF | 14.89 | 40.97 | 28.546 |
| 27 | Tobi Kiers | HPC | DYC | 14.67 | 42.61 | 28.873 |
| 28 | Jits Sinke | HPC | DYC | 15.04 | 42.74 | 29.286 |
| 29 | Dyon van de Vegte | HPB | SPORTIEF | 15.34 | 42.47 | 29.496 |
| 30 | Ming Neutel | HPD | YC IN BEWEGING | 14.75 | 44.71 | 29.653 |
| 31 | Dennis van der Steege | HPE | YC STOKVIS | 15.64 | 43.58 | 30.166 |
| 32 | Rens Edelij | HPC | SPORTIEF | 15.52 | 44.52 | 30.360 |
| 33 | Thijmen van Haaf | HPB | SPORTIEF | 15.47 | 45.74 | 30.716 |
| 34 | Loïc de Vries | HPD | DYC | 16.28 | 46.40 | 31.746 |
| 35 | Sven Heemskerck | HPB | SPORTIEF | 16.40 | 46.70 | 31.966 |
| 36 | Owen Ganzeboer | HPA | YC STOKVIS | 20.63 | 34.49 | 32.126 |
| 37 | Herre Mak | HPE | DYC | 16.56 | 49.19 | 32.956 |
| 38 | Niels Everts | HPF | YC STOKVIS | 17.25 | 48.35 | 33.366 |
| 39 | Sjoerd de Haan | HPE | DYC | 17.18 | 49.62 | 33.720 |
| 40 | Daan Edelij | HPE | SPORTIEF | 17.73 | 49.81 | 34.333 |
| 41 | Just Klunder | HPF | DYC | 17.30 | 56.88 | 36.260 |

| Pos | Naam | | Cat | Vereniging | 100 | 300 | Punten |
|-----|--------------------|----------|-----|--------------|-------|-------|--------|
| 1 | Ruben Ribbink | 10162796 | HC2 | SPORTIEF | 11.03 | 25.89 | 19.660 |
| 2 | Loek van Vilsteren | 10158004 | HC2 | YC STOKVIS | 11.38 | 26.80 | 20.313 |
| 3 | Mats ten Cate | 10159146 | HC2 | YC STOKVIS | 11.98 | 27.46 | 21.133 |
| 4 | Corné van Dooren | 10158242 | HC1 | EIJV | 11.80 | 28.90 | 21.433 |
| 5 | Foma Komarov | 10157987 | HC1 | DYC | 11.70 | 29.51 | 21.536 |
| 6 | Donald Stappenbelt | 10165979 | HC2 | YC STOKVIS | 12.10 | 28.50 | 21.600 |
| 7 | Daniël van Velsen | 10161645 | HC2 | DYC | 12.07 | 29.56 | 21.923 |
| 8 | Koen Bos | 10165530 | HC2 | DYC | 12.09 | 29.62 | 21.963 |
| 9 | Wiebe de Rijk | 10184346 | HC1 | TG DSO | 12.51 | 29.49 | 22.340 |
| 10 | Arne ter Beek | 10158938 | HC2 | DYC | 12.53 | 29.79 | 22.460 |
| 11 | Thom van de Pol | 10163672 | HC2 | STG LELYSTAD | 12.55 | 30.82 | 22.823 |
| 12 | Joris Jansen | 10213296 | HC1 | YC STOKVIS | 12.87 | 33.11 | 23.906 |
| 13 | Lesley Bartelds | 10157686 | HC1 | DNIJ | 13.50 | 31.85 | 24.116 |
| 14 | Marick Tonnaer | 10162311 | HC1 | DYC | 14.36 | 35.09 | 26.056 |

| Pos | Naam | | Cat | Vereniging | 100 | 300 | Punten |
|-----|----------------------|----------|-----|----------------------|-------|-------|--------|
| 1 | Stefan Westenbroek | 10166005 | HB2 | YC STOKVIS | 10.00 | 23.28 | 17.760 |
| 2 | Mervin Maatman | 10165996 | HB2 | SPORTIEF | 10.46 | 24.83 | 18.736 |
| 3 | Chris Fredriks | 10160239 | HB1 | DYC | 10.64 | 24.90 | 18.940 |
| 4 | Joep Wennemars | 10160123 | HB1 | YC STOKVIS | 10.74 | 24.67 | 18.963 |
| 5 | Mees Hulst | 10161118 | HB1 | YC STOKVIS | 10.87 | 25.25 | 19.286 |
| 6 | Jorian ten Cate | 10157503 | HB1 | DNIJ | 11.04 | 25.67 | 19.596 |
| 7 | Ferenc Nijland | 10164066 | HB2 | DYC | 11.12 | 25.85 | 19.736 |
| 8 | Joep Hofstede | 10157584 | HB1 | SSC de Graafschap | 11.21 | 26.56 | 20.063 |
| 9 | Lars Woelders | 10181890 | HB2 | CSV VRIEZENVEEN | 11.29 | 26.44 | 20.103 |
| 10 | Wester Landman | 10166544 | HB1 | TG SV ZWOLLE | 11.37 | 26.39 | 20.166 |
| 11 | Niels Meijer | 10161443 | HB1 | YC STOKVIS | 11.33 | 26.61 | 20.200 |
| 12 | Joost Dekkers | 10159910 | HB2 | TG SV ZWOLLE | 11.45 | 26.46 | 20.270 |
| 13 | Daan van de Pol | 10162573 | HB1 | YC STOKVIS | 11.34 | 26.87 | 20.296 |
| 14 | Mart Weuljtes | 10171774 | HB1 | DYC | 11.46 | 27.30 | 20.560 |
| 15 | Rens Gietema | 10161618 | HB2 | DYC | 11.44 | 28.33 | 20.883 |
| 16 | Willem Jan Keppels | 10162732 | HB2 | SSC de Graafschap | 11.74 | 28.11 | 21.110 |
| 17 | Stan Kleinlugtenbeld | 10163636 | HB1 | YC STOKVIS | 12.04 | 27.75 | 21.290 |
| 18 | Siemen Visser | 10163880 | HB2 | DNIJ | 12.41 | 29.06 | 22.096 |

| Pos | Naam | | Cat | Vereniging | 100 | 300 | Punten |
|-----|------------------------|----------|-----|--------------|-------|-------|--------|
| 1 | Tim Hoogkamer | 10163831 | HN2 | DYC | 10.31 | 24.39 | 18.440 |
| 2 | Jan Hein Verhoeff | 10163359 | HN1 | SKEUVEL | 10.59 | 24.69 | 18.820 |
| 3 | Stijn Hulst | 10161117 | HN1 | YC STOKVIS | 10.64 | 25.18 | 19.033 |
| 4 | Bart Hulst | 10161736 | HN3 | ELS DELFT | 10.71 | 25.44 | 19.190 |
| 5 | Lars van Bommel | 10161725 | HA2 | DYC | 10.81 | 25.65 | 19.360 |
| 6 | Adriaan de Kluiver | 10161430 | HN1 | DYC | 10.96 | 25.43 | 19.436 |
| 7 | Bas Elst | 10161802 | HN3 | YC STOKVIS | 10.93 | 25.84 | 19.543 |
| 8 | Ingmar Hof | 10154927 | HN1 | YC STOKVIS | 11.06 | 26.11 | 19.763 |
| 9 | Evert Hof | 10180601 | H50 | YC STOKVIS | 11.39 | 27.15 | 20.440 |
| 10 | Jesse Lemstra | 10161005 | HA1 | TG SV ZWOLLE | 11.61 | 27.59 | 20.806 |
| 11 | Klaas Jan van der Veen | 10161657 | H45 | DYC | 11.66 | 28.32 | 21.100 |
| 12 | Hermen Velthuis | 10163914 | HN1 | YC STOKVIS | 11.98 | 27.88 | 21.273 |
| 13 | Dirk Gjaltema | 10160224 | H45 | DYC | 11.78 | 28.50 | 21.280 |
| 14 | Sybren Kemper | 10163887 | HA1 | YC STOKVIS | 12.13 | 27.74 | 21.376 |
| 15 | Gerwin Boschloo | 10165737 | H45 | DYC | 12.12 | 28.30 | 21.553 |
| 16 | Gerben Hettinga | 10166704 | H50 | DYC | 12.12 | 28.59 | 21.650 |
| 17 | Lex de Boom | 10165802 | HSA | DYC | 12.60 | 30.06 | 22.620 |
| 18 | Henk Veneman | 10155168 | H65 | DNIJ | 12.91 | 30.44 | 23.056 |
| 19 | Hans ten Hag | 10157917 | H65 | DYC | 12.94 | 30.89 | 23.236 |
| 20 | Marcel Bloemenkamp | 10165998 | H50 | SPORTIEF | 12.86 | 31.14 | 23.240 |