

Pos	Naam	Cat	Vereniging	100	300	500	Punten
1	Daphne Olla	10188184	DPA SPORTIEF	12.45	30.12	46.97	31.884
2	Jasmijn Hiddink	10167246	DPB EIJV	12.61	31.48	48.68	32.839
3	Britt van der Linden	10166362	DPC YC STOKVIS	12.62	30.86	49.74	32.854
4	Anna Jochemsen	10159288	DPB EIJV	12.83	31.72	49.59	33.321
5	Suze Egbring	10163818	DPA DYC	12.81	31.72	50.52	33.487
6	Julia Vredenberg	10164249	DPB DYC	12.97	31.52	50.21	33.518
7	Birte Tellegen	10162885	DPA DNIJ	13.22	32.37	48.00	33.610
8	Maud Salomons	10157500	DPB DNIJ	12.56	31.80	52.26	33.612
9	Myrthe Kuiper	10166052	DPC DNIJ	12.91	31.11	51.68	33.616
10	Ellis van Halteren	10164464	DPB DYC	13.13	31.68	50.09	33.708
11	Anna van Meijeren	10157804	DPA EIJV	12.80	32.24	51.21	33.788
12	Britt Bijker	10157533	DPA YC STOKVIS	13.12	32.23	50.82	34.027
13	Elke ten Have	10164279	DPA SPORTIEF	13.08	32.76	51.41	34.282
14	Noëmi de Boer	10162953	DPB DYC	12.99	33.12	52.94	34.618
15	Pien Oude Hengel	10164338	DPA DYC	13.26	32.83	52.42	34.687
16	Lenneke Groot Koerkamp	10158934	DPB DYC	12.82	33.77	54.86	35.048
17	Tes Leferink	10157918	DPC DYC	13.30	33.36	53.26	35.072
18	Marit de Ruiters	10166330	DPA TG SV ZWOLLE	13.93	32.98	53.04	35.531
19	Jette Beek	10171554	DPC DNIJ	13.88	33.51	53.48	35.746
20	Marit van Mullem	10165536	DPA DYC	13.92	34.85	53.82	36.300
21	Luna Blumink	10164298	DPC DYC	13.67	34.88	57.50	36.796
22	Céline Hagen	10166103	DPB DYC	13.74	35.80	58.50	37.373
23	Kyara Pasma	10166000	DPC YC STOKVIS	13.52	36.05	1:00.10	37.556
24	Elin Troost	10157721	DPB DYC	13.88	35.87	58.95	37.626
25	Amber Loonstra	10212995	DPC DNIJ	13.58	36.02	1:00.27	37.640
26	Iris Rietman	10165605	DPD DYC	13.94	37.05	1:01.74	38.638
27	Janneke Bos	10180328	DPC DYC	14.38	36.87	1:00.73	38.816
28	Annika Troost	10171758	DPC DYC	14.09	37.27	1:02.03	38.919
29	Yonne Oonk	10208581	DPC YC STOKVIS	14.55	37.64	1:01.00	39.296
30	Denice Burgmeijer	10165021	DPB TG DSO	14.45	38.54	1:01.88	39.672
31	Anna Super	10212548	DPA TG SV ZWOLLE	14.37	37.74	1:03.79	39.708
32	Annabel Weteringe	10206393	DPD SPORTIEF	14.64	38.19	1:01.86	39.742
33	Imre ten Have	10167297	DPC SPORTIEF	14.53	39.53	1:03.69	40.444
34	Dalanda Jalloh	10197887	DPC DYC	14.62	39.78	1:04.72	40.824
35	Mette ten Cate	10209775	DPD YC STOKVIS	15.16	39.67	1:06.29	41.641
36	Ilse Vuuregge	10198295	DPB DYC	14.77	39.89	1:08.30	41.726
37	Nadia Hoogstede	10212972	DPB EIJV	14.28	40.02	1:10.61	41.742
38	Liv Stappenbelt	10208343	DPC YC STOKVIS	15.01	41.34	1:06.47	42.084
39	Elyse Zielman	10205453	DPE YC ZWARTE WATER	14.81	40.41	1:09.72	42.224
40	Inge Blaakmeer	10196767	DPC EIJV	15.20	40.23	1:10.11	42.632
41	Mirte Pelgrum	10171201	DPC SPORTIEF	15.48	42.37	1:10.96	43.795

Pos	Naam		Cat	Vereniging	100	300	500	Punten
42	Merle Hekkert	10188308	DPA	SPORTIEF	15.90	42.16	1:10.87	44.127
43	Aniek Loozeman	10167321	DPC	SPORTIEF	15.71	42.64	1:11.36	44.195
44	Jasmijn ter Haar	10183884	DPE	SPORTIEF	15.76	43.07	1:11.09	44.334
45	Eline Jansen	10198305	DPB	DYC	15.37	42.97	1:13.43	44.379
46	Lynette van Ommeren	10206391	DPA	SPORTIEF	16.47	42.10	1:11.89	44.881
47	Nikki Bonekamp	10157431	DPC	DYC	16.08	43.37	1:12.28	44.992
48	Ineke Westra	10185331	DPC	DYC	15.80	43.68	1:13.94	45.148
49	Bente van Bolhuis	10207663	DPE	TG SV ZWOLLE	16.01	42.24	1:20.29	46.148
50	Nienke Krabbendam	10206450	DPD	DYC	16.16	44.81	1:17.07	46.510
51	Isis van Til	10190344	DPD	SPORTIEF	16.17	45.74	1:16.08	46.632
52	Marthe Schalkwijk	10214463	DPE	SPORTIEF	16.55	44.11	1:17.52	46.757
53	Denise Thül	10214263	DPF	TG SV ZWOLLE	16.81	44.93	1:21.12	48.010
54	Diede Salomons	10206634	DPF	DNIJ	17.39	49.85	1:26.17	51.240
55	Jinthe van t Ende	10212547	DPF	TG SV ZWOLLE	18.18	50.96	1:25.95	52.356
56	Sanna van der Velde	10213169	DPF	YC STOKVIS	19.13	52.72	1:25.23	53.749

Pos	Naam		Cat	Vereniging	100	300	500	Punten
1	Yasmine Bouaziz	10157505	DC1	DNIJ	11.40	27.78	43.34	29.328
2	Loes Busser	10160459	DC1	YC IN BEWEGING	11.98	28.36	44.01	30.235
3	Quinty Vos	10161668	DC2	DNIJ	12.07	28.68	44.32	30.494
4	Luka Egbring	10163816	DC1	DYC	12.31	29.44	46.39	31.401
5	Bo Meijer	10162793	DC1	YC STOKVIS	12.58	30.08	46.68	31.942
6	Rosa Eldering	10162575	DC2	DYC	12.74	30.22	46.76	32.165
7	Sanne Loozeman	10161501	DC2	SPORTIEF	12.89	31.10	47.00	32.656
8	Marit van Andel	10162691	DC2	EIJV	12.97	32.48	48.99	33.594
9	Noor Hettinga	10158557	DC1	DYC	13.21	31.93	50.88	34.029
10	Cheryl Buitenhuis	10161644	DC1	DYC	13.29	33.08	50.84	34.484
11	Nynke Kreuwel	10163875	DC2	DNIJ	13.25	33.10	51.22	34.527
12	Liene Hazekamp	10164364	DC1	TG SV ZWOLLE	13.40	33.31	53.63	35.229
13	Eline ten Have	10159210	DC2	SPORTIEF	13.72	33.30	52.74	35.368
14	Lotte van den Noort	10171660	DC1	DYC	13.30	35.77	53.88	35.999
15	Noor Wieringa	10162212	DC2	TG SV ZWOLLE	14.15	33.26	54.34	36.104
16	Fleur Krimp	10184351	DC1	DNIJ	14.06	34.66	54.96	36.605
17	Anna Keijzer	10164218	DC2	DYC	13.86	35.05	56.64	36.871
18	Mendy Pasman	10157532	DC1	YC STOKVIS	13.94	34.98	57.57	37.114
19	Rinske Egers	10160485	DC1	DYC	13.89	35.72	57.03	37.202
20	Roos van der Horst	10196770	DC2	EIJV	15.00	37.24	57.74	38.961

Pos	Naam		Cat	Vereniging	100	300	500	Punten
1	Famke Minnee	10163921	DB1	YC HATTEM	11.90	27.46	42.31	29.515
2	Zoë Tiemens	10162592	DB1	DNIJ	11.95	27.85	42.57	29.747
3	Femke Assink	10161397	DB2	DYC	11.98	28.09	43.48	30.039
4	Zefina de Bruin	10157787	DB1	THLF ARNHEM	11.98	28.50	44.39	30.358
5	Eline Jansen	10161500	DB1	SPORTIEF	12.32	28.62	43.75	30.610
6	Nadine Schipper	10164471	DB2	YSC HAAKSBERGEN	12.04	28.57	45.31	30.625
7	Fleur Koopman	10161608	DB1	DYC	11.77	29.44	46.28	30.839
8	Iris van Beek	10162589	DB1	DNIJ	12.45	29.27	45.72	31.350
9	Megan Bootsveld	10179347	DB1	DYC	12.93	30.80	47.90	32.776
10	Charlene Schreuder	10163879	DB1	DNIJ	13.18	30.75	47.84	32.998
11	Ellen van Kernebeek	10160278	DB1	DYC	13.24	31.36	48.36	33.365
12	Elzemieke Brouwer	10167367	DB1	DNIJ	12.95	31.79	50.47	33.640
13	Demi Bartelds	10160322	DB1	DNIJ	13.41	31.61	49.66	33.878
14	Maureen Vos	10161004	DB1	TG SV ZWOLLE	13.12	31.96	51.73	34.119
15	Ilse Hofstee	10161442	DB1	YC STOKVIS	13.41	33.56	52.52	35.100
16	Sacha Vos	10161634	DB2	DYC	14.68	31.89	49.26	35.162
17	Kris Wieringa	10162213	DB1	TG SV ZWOLLE	13.51	34.01	53.20	35.486
18	Sara Egers	10161058	DB2	DYC	14.22	34.95	53.77	36.624

Pos	Naam		Cat	Vereniging	100	300	500	Punten
1	Jitte Gjaltema	10155064	DN1	DYC	11.94	27.60	43.39	29.818
2	Anke Breunis	10154928	DA2	YC STOKVIS	11.95	27.74	43.40	29.876
3	Stephanie Bunte	10155135	DSA	TG DSO	12.00	27.78	43.12	29.884
4	Antoinet Prins	10155138	DSA	TG DSO	11.88	27.80	43.73	29.892
5	Renske Winters	10163814	D40	SSC de Graafschap	12.03	28.07	43.65	30.116
6	Annemiek Sluiter	10155077	DSA	SPORTIEF	12.06	29.85	45.73	31.156
7	Linde Maatman	10165997	DA1	SPORTIEF	12.44	29.58	45.77	31.454
8	Chantal Rietman-Herms	10171804	D40	DYC	12.70	30.41	47.56	32.348
9	Daniek Meul	10166038	DA1	SPORTIEF	12.82	30.37	47.81	32.505
10	Inge den Hartogh	10198445	D45	DYC	12.90	31.38	50.65	33.490
11	Jasmijn Egers	10158188	DA1	DYC	13.16	32.26	50.13	33.939
12	Jeanette ten Hag	10161505	D40	DYC	15.78	28.41	44.88	34.226
13	Zelda Welgraven	10160241	DA1	DYC	12.84	33.99	54.24	35.018

Pos	Naam		Cat	Vereniging	100	300	500	Punten
1	Floris van Velsen	10162855	HPB	DYC	12.16	29.48	46.77	31.340
2	Olaf Vunderink	10157723	HPB	DYC	12.41	29.87	47.27	31.820
3	Luuk van de Pol	10165668	HPC	YC STOKVIS	12.38	30.93	50.42	32.774
4	Foma Komarov	10157987	HPA	DYC	12.51	30.95	49.82	32.790
5	Corné van Dooren	10158242	HPA	EIJV	12.74	31.24	49.43	33.039
6	Wiebe de Rijk	10184346	HPA	TG DSO	13.09	32.16	48.52	33.514
7	Lesley Bartelds	10157686	HPA	DNIJ	13.35	32.23	50.88	34.269
8	Bram Kloosterman	10158437	HPA	TG SV ZWOLLE	13.02	32.72	52.21	34.368
9	Just Venema	10165926	HPB	TG SV ZWOLLE	13.03	32.91	52.23	34.446
10	Sjoerd Gietema	10167106	HPA	DYC	13.13	32.53	52.60	34.493
11	Koen Verhoeff	10163360	HPA	EIJV	13.32	33.22	51.39	34.671
12	Bodhi Smeele	10205956	HPC	TG SV ZWOLLE	13.08	33.10	53.48	34.809
13	Owen Ganzeboer	10167318	HPB	YC STOKVIS	13.47	33.41	53.68	35.342
14	Ruben de Rijk	10191316	HPC	TG DSO	13.48	33.11	54.67	35.450
15	Joris Jansen	10213296	HPA	YC STOKVIS	13.42	33.69	54.05	35.460
16	Renier van Roekel	10164044	HPA	EIJV	13.60	33.98	52.74	35.474
17	Randy Hutteman	10166666	HPC	YC IN BEWEGING	13.58	33.47	53.84	35.504
18	Marick Tonnaer	10162311	HPA	DYC	13.22	35.21	54.97	35.950
19	Julius Ordelman	10197888	HPB	DYC	13.56	34.49	55.27	36.110
20	Daniël Uijlenbroek	10206455	HPB	DYC	13.38	34.57	56.38	36.179
21	Govert van der Weijden	10157594	HPC	DYC	13.68	34.64	55.38	36.302
22	Jack Boekema	10197867	HPE	DYC	13.38	34.91	56.92	36.400
23	Etienne Tournier	10197891	HPC	DYC	13.96	35.23	57.91	37.285
24	Kelvin Seine	10180288	HPA	YC STOKVIS	13.80	36.51	57.59	37.488
25	Mathieu Tournier	10166623	HPA	DYC	13.75	36.79	57.77	37.567
26	Joris Mulder	10179514	HPD	DNIJ	13.74	36.28	59.89	37.811
27	Douwe Sweers	10181412	HPD	SPORTIEF	13.98	36.53	58.61	37.878
28	Stan Veldhuizen	10163837	HPC	DYC	14.04	36.01	1:00.36	38.115
29	Niels Hiddink	10204072	HPE	EIJV	14.10	36.53	1:01.43	38.562
30	Jonas Bakker	10198057	HPC	TG SV ZWOLLE	14.35	36.28	1:00.68	38.579
31	Djem Smeele	10210024	HPE	TG SV ZWOLLE	13.87	37.79	1:03.54	39.174
32	Niels Teunissen	10206660	HPC	EIJV	14.62	37.75	1:00.28	39.259
33	Beau Kappers	10190337	HPC	SPORTIEF	14.65	38.22	1:03.18	40.026
34	Julian Neef	10189848	HPC	DYC	14.56	38.48	1:04.83	40.352
35	Stefan Everts	10206356	HPF	YC STOKVIS	14.48	39.94	1:04.40	40.673
36	Mees Klunder	10190338	HPE	SPORTIEF	14.52	40.22	1:08.47	41.620
37	Ties Sinke	10213377	HPB	DYC	15.69	40.04	1:03.80	41.796
38	Jelle Kleinlugtenbeld	10208905	HPD	YC STOKVIS	15.18	40.26	1:07.60	42.120
39	Casper Hekkert	10180398	HPE	SPORTIEF	15.04	39.99	1:09.19	42.208
40	Marijn van Roekel	10166401	HPD	EIJV	14.54	39.40	1:13.00	42.273
41	Wietse Salomons	10206635	HPD	DNIJ	15.37	41.84	1:09.12	43.140

Pos	Naam		Cat	Vereniging	100	300	500	Punten
42	Noam van de Koppel	10167301	HPD	DYC	15.18	41.54	1:13.41	43.708
43	Thijmen van Andel	10190329	HPD	SPORTIEF	15.47	44.30	1:11.41	44.518
44	Simon Wiegman	10193540	HPD	TG DSO	15.84	41.31	1:14.55	44.520
45	Dyon van de Vegte	10166063	HPC	SPORTIEF	15.27	43.34	1:17.92	45.300
46	Kenji Preuter	10188641	HPE	SPORTIEF	15.32	45.47	1:16.85	45.846
47	Huub Smeets	10213294	HPC	SPORTIEF	16.27	44.96	1:14.29	46.114
48	Sam Bebelaar	10214919	HPE	TG DSO	16.10	44.82	1:16.70	46.380
49	Tobi Kiers	10187800	HPD	DYC	15.46	45.06	1:23.18	47.116
50	Ramon Lammers	10209767	HPD	DYC	16.07	45.11	1:22.91	47.688
51	Thijmen van Haaf	10207573	HPC	SPORTIEF	16.32	48.46	1:20.72	48.617
52	Rens Edelijm	10188645	HPD	SPORTIEF	17.29	48.99	1:21.40	49.900
53	Jasper van Roekel	10202221	HPF	EIJV	17.13	46.90	1:25.94	49.951

Pos	Naam		Cat	Vereniging	100	300	500	Punten
1	Chris Fredriks	10160239	HC2	DYC	10.56	24.54	37.82	26.304
2	Joep Wennemars	10160123	HC2	YC STOKVIS	10.99	25.68	39.54	27.458
3	Mees Hulst	10161118	HC2	YC STOKVIS	11.07	25.67	39.54	27.534
4	Ruben Ligtenberg	10162888	HC2	DYC	11.24	26.54	40.66	28.218
5	Jorian ten Cate	10157503	HC2	DNIJ	11.29	26.34	41.01	28.272
6	Joep Hofstede	10157584	HC2	SSC de Graafschap	11.35	26.37	42.42	28.624
7	Ruben Ribbink	10162796	HC1	SPORTIEF	11.39	27.09	42.94	29.008
8	Niels Meijer	10161443	HC2	YC STOKVIS	11.63	27.40	42.54	29.271
9	Bauke van Beek	10159379	HC2	EIJV	11.60	27.92	42.68	29.442
10	Daan van de Pol	10162573	HC2	YC STOKVIS	11.58	27.60	43.37	29.454
11	Loek van Vilsteren	10158004	HC1	YC STOKVIS	11.78	27.77	42.48	29.532
12	Wester Landman	10166544	HC2	TG SV ZWOLLE	11.79	28.03	43.85	29.903
13	Mats ten Cate	10159146	HC1	YC STOKVIS	12.11	28.85	43.90	30.506
14	Stan Kleinlugtenbeld	10163636	HC2	YC STOKVIS	12.17	28.71	44.40	30.620
15	Lars Marsman	10163911	HC2	YC STOKVIS	12.34	29.61	46.59	31.528
16	Jochem Holtkamp	10163951	HC2	SPORTIEF	12.45	30.35	48.44	32.254
17	Tijn Berghenhenegouwen	10162601	HC1	SSC de Graafschap	11.93	32.02	48.98	32.399
18	Daniël van Velsen	10161645	HC1	DYC	12.61	30.78	47.74	32.418
19	Thom van de Pol	10163672	HC1	YC STOKVIS	12.64	30.99	49.07	32.784
20	Niek Burgmeijer	10167046	HC2	TG DSO	13.02	31.32	48.04	33.068
21	Arne ter Beek	10158938	HC1	DYC	13.23	31.25	47.48	33.142
22	Joop van Leur	10166037	HC1	YC STOKVIS	13.01	31.34	49.92	33.440
23	Koen Bos	10165530	HC1	DYC	13.17	32.95	49.29	34.011
24	Mats Bouwhuis	10167368	HC2	SPORTIEF	13.51	33.94	56.05	36.033
25	Jesse van der Beek	10206368	HC2	SPORTIEF	13.77	35.75	57.67	37.220

Pos	Naam		Cat	Vereniging	100	300	500	Punten
1	Stefan Westenbroek	10166005	HB1	YC STOKVIS	9.95	23.59	36.97	25.207
2	Mervin Maatman	10165996	HB1	SPORTIEF	10.69	25.06	38.52	26.747
3	Lasse Hiddink	10158216	HB2	DYC	10.80	25.16	38.39	26.864
4	Florian Meijer	10161062	HB2	DYC	10.85	25.25	39.00	27.066
5	Chaim Boer	10161726	HB2	EIJV	10.99	25.86	39.93	27.596
6	Stijn Verhoeff	10163357	HB2	EIJV	11.20	25.74	40.13	27.806
7	Ferenc Nijland	10164066	HB1	DYC	11.13	26.05	40.96	28.005
8	Jurre Nijhoff	10160235	HB2	SSC de Graafschap	11.29	26.24	40.45	28.126
9	Luca Heesen	10161059	HB1	DYC	11.15	26.35	41.18	28.169
10	Jurre Eldering	10179939	HB2	DYC	11.13	27.09	41.35	28.430
11	Jesse Lemstra	10161005	HB2	TG SV ZWOLLE	11.64	27.48	43.96	29.592
12	Rens Gietema	10161618	HB1	DYC	11.47	28.51	45.52	30.077
13	Willem Jan Keppels	10162732	HB1	SSC de Graafschap	11.79	28.33	44.81	30.195
14	Daniël ten Cate	10157504	HB2	DNIJ	12.07	28.62	44.27	30.464
15	Maxim van Marle	10161441	HB2	YC STOKVIS	12.28	29.02	43.91	30.735
16	Sybren Kemper	10163887	HB2	YC STOKVIS	12.50	28.60	43.93	30.819
17	Paul Saakes	10160497	HB2	DNIJ	12.07	29.12	46.47	31.070
18	Siemen Visser	10163880	HB1	DNIJ	11.79	30.47	46.65	31.276
19	Koen Flokstra	10158759	HB1	DYC	12.65	30.26	45.89	31.914

Pos	Naam	Cat	Vereniging	100	300	500	Punten
1	Michel Mulder	10160079	HSB TG SV ZWOLLE	9.76	22.75	34.74	24.291
2	Mika van Essen	10163873	HA1 DNIJ	10.13	23.75	36.90	25.426
3	Mark Broekman	10155074	HA2 DYC	10.31	23.91	37.40	25.760
4	Tim Hoogkamer	10163831	HN1 DYC	10.29	24.33	37.68	25.936
5	Stijn Hulst	10161117	HA2 YC STOKVIS	10.50	24.54	38.17	26.314
6	Jan Hein Verhoeff	10163359	HA2 SKEUVEL	10.62	24.67	37.77	26.397
7	Bart Hulst	10161736	HN2 YC STOKVIS	10.34	24.73	39.18	26.419
8	Harry Pardijs	10155152	H40 SSC de Graafschap	10.79	25.08	38.69	26.888
9	Adriaan de Kluiver	10161430	HA2 DYC	10.96	25.52	39.06	27.278
10	Ingmar Hof	10154927	HA2 YC STOKVIS	11.01	26.02	40.28	27.739
11	Lars van Bommel	10161725	HA1 DYC	10.95	26.27	40.91	27.888
12	Evert Hof	10180601	H45 YC STOKVIS	11.40	26.85	41.98	28.746
13	Klaas Jan van der Veen	10161657	H45 DYC	11.52	27.38	42.48	29.142
14	Jelmer Vorderman	10180119	HA2 DNIJ	11.43	27.79	42.96	29.285
15	Dirk Gjaltema	10160224	H45 DYC	11.54	27.99	43.12	29.494
16	Hermen Velthuis	10163914	HA2 YC STOKVIS	11.93	27.50	42.83	29.662
17	Arno Luisman	10161611	H50 DYC	11.91	28.50	44.09	30.228
18	Gerben Hettinga	10166704	H45 DYC	12.33	29.04	44.48	30.906
19	Gerwin Boschloo	10165737	H45 DYC	12.12	29.90	44.66	31.018
20	Alex van Gelderen	10165531	H45 DYC	12.48	29.98	45.85	31.643
21	Joute Donderwinkel	10161564	HA1 SSC de Graafschap	12.55	29.86	47.40	31.983
22	Lex de Boom	10165802	HSA DYC	12.53	30.54	46.41	31.992
23	Hans ten Hag	10157917	H65 DYC	12.88	29.74	46.08	32.009
24	Henk Veneman	10155168	H65 DNIJ	12.81	30.21	47.15	32.310
25	Wilfred Loozeman	10155079	H45 SPORTIEF	13.02	31.49	46.46	32.808
26	Sjors Hissink	10155062	HN1 DYC	13.47	33.62	53.38	35.352