

Pos	Naam	Cat	Vereniging	100	300	500	Punten
1	Daphne Olla	10188184	DPA SPORTIEF	12.45	29.82	46.97	31.784
2	Jasmijn Hiddink	10167246	DPB EIJV	12.61	30.41	47.87	32.320
3	Anna Jochemsen	10159288	DPB EIJV	12.51	30.81	49.59	32.698
4	Ellis van Halteren	10164464	DPB DYC	12.88	30.68	48.14	32.734
5	Britt van der Linden	10166362	DPC YC STOKVIS	12.62	30.86	49.47	32.800
6	Birte Tellegen	10162885	DPA DNIJ	13.22	30.04	48.00	32.833
7	Maud Salomons	10157500	DPB DNIJ	12.56	30.74	51.72	33.150
8	Anna van Meijeren	10157804	DPA EIJV	12.80	31.66	49.57	33.267
9	Suze Egbring	10163818	DPA DYC	12.81	31.72	50.52	33.487
10	Noëmi de Boer	10162953	DPB DYC	12.99	31.28	50.37	33.490
11	Britt Bijker	10157533	DPA YC STOKVIS	12.93	31.73	49.97	33.500
12	Julia Vredenberg	10164249	DPB DYC	12.97	31.52	50.21	33.518
13	Myrthe Kuiper	10166052	DPC DNIJ	12.89	31.11	51.34	33.528
14	Elke ten Have	10164279	DPA SPORTIEF	12.98	32.76	51.41	34.182
15	Lenneke Groot Koerkamp	10158934	DPB DYC	12.82	32.98	53.00	34.413
16	Pien Oude Hengel	10164338	DPA DYC	13.26	32.83	52.42	34.687
17	Tes Leferink	10157918	DPC DYC	13.30	32.79	53.16	34.862
18	Marit de Ruiters	10166330	DPA TG SV ZWOLLE	13.93	32.98	52.93	35.509
19	Jette Beek	10171554	DPC DNIJ	13.88	33.51	53.11	35.672
20	Marit van Mullem	10165536	DPA DYC	13.92	33.62	53.09	35.744
21	Elin Troost	10157721	DPB DYC	13.04	33.59	58.95	36.026
22	Amber Loonstra	10212995	DPC DNIJ	13.58	34.65	55.94	36.318
23	Luna Blumink	10164298	DPC DYC	13.67	34.88	57.43	36.782
24	Céline Hagen	10166103	DPB DYC	13.74	35.42	58.28	37.202
25	Annika Troost	10171758	DPC DYC	13.79	34.46	59.96	37.268
26	Kyara Pasman	10166000	DPC YC STOKVIS	13.52	36.05	1:00.10	37.556
27	Iris Rietman	10165605	DPD DYC	13.94	36.20	59.92	37.990
28	Janneke Bos	10180328	DPC DYC	14.18	36.87	1:00.73	38.616
29	Denice Burgmeijer	10165021	DPB TG DSO	14.45	36.12	1:01.08	38.706
30	Annabel Weteringe	10206393	DPD SPORTIEF	14.56	36.78	59.95	38.810
31	Yonne Oonk	10208581	DPC YC STOKVIS	14.55	37.64	1:01.00	39.296
32	Anna Super	10212548	DPA TG SV ZWOLLE	14.37	37.74	1:03.79	39.708
33	Imre ten Have	10167297	DPC SPORTIEF	14.53	38.39	1:03.69	40.064
34	Dalanda Jalloh	10197887	DPC DYC	14.62	37.98	1:04.72	40.224
35	Mette ten Cate	10209775	DPD YC STOKVIS	14.94	39.67	1:06.25	41.413
36	Ilse Vuuregge	10198295	DPB DYC	14.77	39.89	1:08.30	41.726
37	Nadia Hoogstede	10212972	DPB EIJV	14.28	40.02	1:10.61	41.742
38	Liv Stappenbelt	10208343	DPC YC STOKVIS	15.01	41.34	1:06.47	42.084
39	Elyse Zielman	10205453	DPE YC ZWARTE WATER	14.81	40.41	1:09.72	42.224
40	Inge Blaakmeer	10196767	DPC EIJV	15.20	39.86	1:10.11	42.508
41	Eline Jansen	10198305	DPB DYC	15.16	42.97	1:10.69	43.621

Pos	Naam		Cat	Vereniging	100	300	500	Punten
42	Mirte Pelgrum	10171201	DPC	SPORTIEF	15.48	42.37	1:10.96	43.795
43	Merle Hekkert	10188308	DPA	SPORTIEF	15.90	42.16	1:10.87	44.127
44	Aniek Loozeman	10167321	DPC	SPORTIEF	15.71	42.64	1:11.36	44.195
45	Jasmijn ter Haar	10183884	DPE	SPORTIEF	15.67	43.07	1:11.09	44.244
46	Nikki Bonekamp	10157431	DPC	DYC	16.08	43.37	1:09.70	44.476
47	Carice Boekema	10214208	DPC	DYC	16.25	42.45	1:11.78	44.756
48	Lynette van Ommeren	10206391	DPA	SPORTIEF	16.47	42.10	1:11.89	44.881
49	Ineke Westra	10185331	DPC	DYC	15.80	43.68	1:13.50	45.060
50	Nienke Krabbendam	10206450	DPD	DYC	15.42	44.57	1:17.07	45.690
51	Bente van Bolhuis	10207663	DPE	TG SV ZWOLLE	16.01	42.24	1:20.29	46.148
52	Isis van Til	10190344	DPD	SPORTIEF	16.17	45.74	1:16.08	46.632
53	Marthe Schalkwijk	10214463	DPE	SPORTIEF	16.55	44.11	1:17.52	46.757
54	Denise Thül	10214263	DPF	TG SV ZWOLLE	16.81	44.93	1:21.12	48.010
55	Diede Salomons	10206634	DPF	DNIJ	16.44	47.18	1:26.17	49.400
56	Jinthe van t Ende	10212547	DPF	TG SV ZWOLLE	18.18	50.96	1:25.95	52.356
57	Sanna van der Velde	10213169	DPF	YC STOKVIS	19.13	52.72	1:25.23	53.749

Pos	Naam		Cat	Vereniging	100	300	500	Punten
1	Yasmine Bouaziz	10157505	DC1	DNIJ	11.40	27.78	43.34	29.328
2	Loes Busser	10160459	DC1	YC IN BEWEGING	11.98	28.36	44.01	30.235
3	Quinty Vos	10161668	DC2	DNIJ	11.96	28.68	44.08	30.336
4	Luka Egbring	10163816	DC1	DYC	12.31	29.44	45.97	31.317
5	Bo Meijer	10162793	DC1	YC STOKVIS	12.40	30.08	46.68	31.762
6	Lente Strijtveen	10160411	DC2	DYC	12.59	29.85	46.84	31.908
7	Rosa Eldering	10162575	DC2	DYC	12.74	30.22	46.76	32.165
8	Anna Grotentraast	10160334	DC1	SPORTIEF	12.48	31.45	47.79	32.521
9	Sanne Loozeman	10161501	DC2	SPORTIEF	12.89	30.91	47.00	32.593
10	Marit van Andel	10162691	DC2	EIJV	12.97	32.48	48.99	33.594
11	Noor Hettinga	10158557	DC1	DYC	13.21	31.93	50.88	34.029
12	Cheryl Buitenhuis	10161644	DC1	DYC	13.29	33.08	48.81	34.078
13	Nynke Kreuwel	10163875	DC2	DNIJ	13.25	33.10	50.76	34.435
14	Liene Hazekamp	10164364	DC1	TG SV ZWOLLE	13.40	33.31	52.57	35.017
15	Eline ten Have	10159210	DC2	SPORTIEF	13.72	33.30	52.74	35.368
16	Lotte van den Noort	10171660	DC1	DYC	13.30	35.77	52.08	35.639
17	Fleur Krimp	10184351	DC1	DNIJ	13.62	34.19	53.45	35.706
18	Noor Wieringa	10162212	DC2	TG SV ZWOLLE	14.15	33.26	54.34	36.104
19	Mendy Pasman	10157532	DC1	YC STOKVIS	13.90	34.87	54.91	36.505
20	Anna Keijzer	10164218	DC2	DYC	13.65	35.01	55.93	36.506
21	Rinske Egers	10160485	DC1	DYC	13.89	35.72	54.98	36.792
22	Roos van der Horst	10196770	DC2	EIJV	15.00	37.24	57.74	38.961

Pos	Naam		Cat	Vereniging	100	300	500	Punten
1	Famke Minnee	10163921	DB1	YC HATTEM	11.90	27.46	42.31	29.515
2	Zoë Tiemens	10162592	DB1	DNIJ	11.95	27.85	42.57	29.747
3	Femke Assink	10161397	DB2	DYC	11.98	28.09	43.48	30.039
4	Zefina de Bruin	10157787	DB1	THLF ARNHEM	11.98	28.50	44.39	30.358
5	Eline Jansen	10161500	DB1	SPORTIEF	12.32	28.62	43.75	30.610
6	Nadine Schipper	10164471	DB2	DYC	12.04	28.57	45.31	30.625
7	Fleur Koopman	10161608	DB1	DYC	11.77	29.44	46.14	30.811
8	Iris van Beek	10162589	DB1	DNIJ	12.45	29.27	45.72	31.350
9	Megan Bootsveld	10179347	DB1	DYC	12.93	30.80	47.20	32.636
10	Charlene Schreuder	10163879	DB1	DNIJ	13.18	30.75	47.65	32.960
11	Ellen van Kernebeek	10160278	DB1	DYC	13.24	31.36	47.39	33.171
12	Sacha Vos	10161634	DB2	DYC	12.90	31.89	49.26	33.382
13	Elzemieke Brouwer	10167367	DB1	DNIJ	12.95	31.79	50.47	33.640
14	Demi Bartelds	10160322	DB1	DNIJ	13.41	31.61	49.20	33.786
15	Maureen Vos	10161004	DB1	TG SV ZWOLLE	13.12	31.96	51.73	34.119
16	Ilse Hofstee	10161442	DB1	YC STOKVIS	13.41	33.56	52.52	35.100
17	Kris Wieringa	10162213	DB1	TG SV ZWOLLE	13.51	34.01	53.20	35.486
18	Sara Egers	10161058	DB2	DYC	14.22	34.95	51.94	36.258
19	Emma Pieters	10161733	DB1	SPORTIEF	14.55	36.44	58.57	38.410

Pos	Naam		Cat	Vereniging	100	300	500	Punten
1	Jitte Gjaltema	10155064	DN1	DYC	11.94	27.60	43.29	29.798
2	Anke Breunis	10154928	DA2	YC STOKVIS	11.95	27.74	43.40	29.876
3	Stephanie Bunte	10155135	DSA	TG DSO	12.00	27.78	43.12	29.884
4	Antoinet Prins	10155138	DSA	TG DSO	11.88	27.80	43.73	29.892
5	Renske Winters	10163814	D40	SSC de Graafschap	12.03	28.07	43.51	30.088
6	Annemiek Sluiter	10155077	DSA	SPORTIEF	12.06	29.85	45.73	31.156
7	Linde Maatman	10165997	DA1	SPORTIEF	12.24	29.58	45.77	31.254
8	Chantal Rietman-Herms	10171804	D40	DYC	12.49	30.06	46.87	31.884
9	Daniek Meul	10166038	DA1	SPORTIEF	12.82	30.37	47.81	32.505
10	Inge den Hartogh	10198445	D45	DYC	12.90	31.01	48.57	32.950
11	Jasmijn Egers	10158188	DA1	DYC	13.16	32.26	47.78	33.469
12	Jeanette ten Hag	10161505	D40	DYC	15.78	28.41	44.74	34.198
13	Zelda Welgraven	10160241	DA1	DYC	12.84	33.99	52.06	34.582

Pos	Naam	Cat	Vereniging	100	300	500	Punten
1	Foma Komarov	HPA	DYC	11.75	29.45	47.52	31.070
2	Floris van Velsen	HPB	DYC	12.16	29.45	45.60	31.096
3	Olaf Vunderink	HPB	DYC	12.41	29.87	47.27	31.820
4	Corné van Dooren	HPA	EIJV	12.74	31.00	48.02	32.677
5	Luuk van de Pol	HPC	YC STOKVIS	12.38	30.93	50.27	32.744
6	Wiebe de Rijk	HPA	TG DSO	13.09	30.32	48.27	32.850
7	Lesley Bartelds	HPA	DNIJ	13.16	31.55	50.20	33.716
8	Bram Kloosterman	HPA	TG SV ZWOLLE	13.02	32.72	49.46	33.818
9	Koen Verhoeff	HPA	EIJV	13.32	31.87	50.84	34.111
10	Just Venema	HPB	TG SV ZWOLLE	13.03	32.91	52.23	34.446
11	Sjoerd Gietema	HPA	DYC	13.13	32.53	52.60	34.493
12	Julius Ordelman	HPB	DYC	13.07	32.63	53.24	34.594
13	Jack Boekema	HPE	DYC	13.32	32.59	52.47	34.677
14	Bodhi Smeele	HPC	TG SV ZWOLLE	13.08	33.10	52.97	34.707
15	Renier van Roekel	HPA	EIJV	13.60	32.13	52.10	34.730
16	Joris Jansen	HPA	YC STOKVIS	13.42	33.51	52.04	34.998
17	Owen Ganzeboer	HPB	YC STOKVIS	13.47	33.41	53.68	35.342
18	Ruben de Rijk	HPC	TG DSO	13.48	33.11	54.57	35.430
19	Marick Tonnaer	HPA	DYC	13.22	33.74	54.97	35.460
20	Randy Hutteman	HPC	YC IN BEWEGING	13.58	33.47	53.84	35.504
21	Daniël Uijlenbroek	HPB	DYC	13.38	34.13	56.10	35.976
22	Govert van der Weijden	HPC	DYC	13.68	34.26	55.38	36.176
23	Joris Mulder	HPD	DNIJ	13.74	34.87	56.97	36.757
24	Mathieu Tournier	HPA	DYC	13.75	34.89	57.03	36.786
25	Etienne Tournier	HPC	DYC	13.96	35.23	57.75	37.253
26	Kelvin Seine	HPA	YC STOKVIS	13.80	36.51	57.59	37.488
27	Niels Hiddink	HPE	EIJV	14.10	36.31	57.99	37.801
28	Douwe Sweers	HPD	SPORTIEF	13.98	36.50	58.61	37.868
29	Jonas Bakker	HPC	TG SV ZWOLLE	14.24	35.61	58.80	37.870
30	Stan Veldhuizen	HPC	DYC	14.04	35.93	59.41	37.898
31	Niels Teunissen	HPC	EIJV	14.07	35.48	1:00.28	37.952
32	Djem Smeele	HPE	TG SV ZWOLLE	13.79	37.79	1:02.17	38.820
33	Beau Kappers	HPC	SPORTIEF	14.45	37.75	1:01.22	39.277
34	Mees Klunder	HPE	SPORTIEF	14.52	38.19	1:04.38	40.126
35	Julian Neef	HPC	DYC	14.56	38.30	1:04.16	40.158
36	Ties Sinke	HPB	DYC	15.28	38.47	1:01.09	40.321
37	Stefan Everts	HPF	YC STOKVIS	14.48	39.94	1:04.40	40.673
38	Marijn van Roekel	HPD	EIJV	14.54	39.40	1:08.13	41.299
39	Wietse Salomons	HPD	DNIJ	14.78	40.57	1:07.70	41.843
40	Jelle Kleinlugtenbeld	HPD	YC STOKVIS	15.18	40.26	1:07.60	42.120
41	Casper Hekkert	HPE	SPORTIEF	15.04	39.99	1:09.19	42.208

Pos	Naam		Cat	Vereniging	100	300	500	Punten
42	Simon Wiegman	10193540	HPD	TG DSO	15.84	38.42	1:14.55	43.556
43	Noam van de Koppel	10167301	HPD	DYC	15.18	41.54	1:13.41	43.708
44	Finn Brouwer	10207921	HPD	TG SV ZWOLLE	15.37	41.39	1:14.28	44.022
45	Thijmen van Andel	10190329	HPD	SPORTIEF	15.47	44.30	1:11.41	44.518
46	Huub Smeets	10213294	HPC	SPORTIEF	15.89	43.52	1:14.29	45.254
47	Dyon van de Vegte	10166063	HPC	SPORTIEF	15.26	43.27	1:17.92	45.267
48	Kenji Preuter	10188641	HPE	SPORTIEF	15.32	45.47	1:16.85	45.846
49	Tobi Kiers	10187800	HPD	DYC	15.33	42.81	1:23.18	46.236
50	Sam Bebelaar	10214919	HPE	TG DSO	16.10	44.82	1:16.70	46.380
51	Thijmen van Haaf	10207573	HPC	SPORTIEF	15.97	46.66	1:20.72	47.667
52	Ramon Lammers	10209767	HPD	DYC	16.07	45.11	1:22.91	47.688
53	Jasper van Roekel	10202221	HPF	EIJV	16.54	44.04	1:25.94	48.408
54	Rens Edelijjn	10188645	HPD	SPORTIEF	16.86	46.48	1:21.40	48.633
55	Ojij Karel	10198620	HPB	SPORTIEF	20.84	55.52	1:32.62	57.870

Pos	Naam		Cat	Vereniging	100	300	500	Punten
1	Chris Fredriks	10160239	HC2	DYC	10.43	24.38	37.82	26.120
2	Joep Wennemars	10160123	HC2	YC STOKVIS	10.93	25.56	39.54	27.358
3	Mees Hulst	10161118	HC2	YC STOKVIS	11.07	25.67	39.54	27.534
4	Ruben Ligtenberg	10162888	HC2	DYC	11.24	26.54	40.66	28.218
5	Jorian ten Cate	10157503	HC2	DNIJ	11.29	26.34	41.01	28.272
6	Ruben Ribbink	10162796	HC1	SPORTIEF	10.95	27.09	42.18	28.416
7	Joep Hofstede	10157584	HC2	SSC de Graafschap	11.35	26.37	42.42	28.624
8	Niels Meijer	10161443	HC2	YC STOKVIS	11.63	27.40	42.48	29.259
9	Bauke van Beek	10159379	HC2	EIJV	11.60	27.92	42.68	29.442
10	Daan van de Pol	10162573	HC2	YC STOKVIS	11.58	27.60	43.37	29.454
11	Loek van Vilsteren	10158004	HC1	YC STOKVIS	11.78	27.77	42.48	29.532
12	Wester Landman	10166544	HC2	TG SV ZWOLLE	11.79	28.03	43.62	29.857
13	Mats ten Cate	10159146	HC1	YC STOKVIS	11.92	28.85	43.90	30.316
14	Stan Kleinlugtenbeld	10163636	HC2	YC STOKVIS	12.17	28.71	44.40	30.620
15	Lars Marsman	10163911	HC2	YC STOKVIS	12.34	29.61	46.59	31.528
16	Tijn Berghenhenegouwen	10162601	HC1	SSC de Graafschap	11.93	31.32	48.49	32.068
17	Jochem Holtkamp	10163951	HC2	SPORTIEF	12.45	30.35	48.44	32.254
18	Daniël van Velsen	10161645	HC1	DYC	12.61	30.78	47.16	32.302
19	Thom van de Pol	10163672	HC1	YC STOKVIS	12.64	30.99	49.07	32.784
20	Niek Burgmeijer	10167046	HC2	TG DSO	13.02	31.32	48.04	33.068
21	Arne ter Beek	10158938	HC1	DYC	13.23	31.25	47.48	33.142
22	Joop van Leur	10166037	HC1	YC STOKVIS	13.01	31.34	49.92	33.440
23	Koen Bos	10165530	HC1	DYC	13.17	32.95	47.23	33.599
24	Mats Bouwhuis	10167368	HC2	SPORTIEF	13.51	33.94	56.05	36.033
25	Jesse van der Beek	10206368	HC2	SPORTIEF	13.77	35.75	57.67	37.220

Pos	Naam		Cat	Vereniging	100	300	500	Punten
1	Stefan Westenbroek	10166005	HB1	YC STOKVIS	9.95	23.59	36.97	25.207
2	Mervin Maatman	10165996	HB1	SPORTIEF	10.69	25.06	38.52	26.747
3	Lasse Hiddink	10158216	HB2	DYC	10.80	25.16	38.39	26.864
4	Florian Meijer	10161062	HB2	DYC	10.85	25.25	39.00	27.066
5	Chaim Boer	10161726	HB2	EIJV	10.99	25.86	39.93	27.596
6	Stijn Verhoeff	10163357	HB2	EIJV	11.20	25.74	40.13	27.806
7	Ferenc Nijland	10164066	HB1	DYC	11.13	26.05	40.96	28.005
8	Luca Heesen	10161059	HB1	DYC	11.15	26.35	40.95	28.123
9	Jurre Nijhoff	10160235	HB2	SSC de Graafschap	11.29	26.24	40.45	28.126
10	Jurre Eldering	10179939	HB2	DYC	11.05	27.09	41.35	28.350
11	Jesse Lemstra	10161005	HB2	TG SV ZWOLLE	11.64	27.48	43.96	29.592
12	Rens Gietema	10161618	HB1	DYC	11.47	28.49	45.27	30.020
13	Willem Jan Keppels	10162732	HB1	SSC de Graafschap	11.79	28.33	44.78	30.189
14	Daniël ten Cate	10157504	HB2	DNIJ	12.07	28.62	44.27	30.464
15	Maxim van Marle	10161441	HB2	YC STOKVIS	12.28	29.02	43.91	30.735
16	Sybren Kemper	10163887	HB2	YC STOKVIS	12.50	28.60	43.93	30.819
17	Paul Saakes	10160497	HB2	DNIJ	12.07	29.12	46.47	31.070
18	Siemen Visser	10163880	HB1	DNIJ	11.79	30.47	46.65	31.276
19	Koen Flokstra	10158759	HB1	DYC	12.65	30.26	45.83	31.902

Pos	Naam	Cat	Vereniging	100	300	500	Punten
1	Michel Mulder	10160079	HSB TG SV ZWOLLE	9.76	22.58	34.74	24.234
2	Mika van Essen	10163873	HA1 DNIJ	10.13	23.75	36.90	25.426
3	Mark Broekman	10155074	HA2 DYC	10.31	23.91	37.40	25.760
4	Tim Hoogkamer	10163831	HN1 DYC	10.29	24.33	37.59	25.918
5	Jan Hein Verhoeff	10163359	HA2 SKEUVEL	10.47	24.61	37.77	26.227
6	Stijn Hulst	10161117	HA2 YC STOKVIS	10.50	24.54	38.17	26.314
7	Bart Hulst	10161736	HN2 YC STOKVIS	10.34	24.73	39.18	26.419
8	Harry Pardijs	10155152	H40 SSC de Graafschap	10.68	25.08	38.69	26.778
9	Adriaan de Kluiver	10161430	HA2 DYC	10.96	25.52	39.06	27.278
10	Ingmar Hof	10154927	HA2 YC STOKVIS	11.01	26.02	40.28	27.739
11	Lars van Bommel	10161725	HA1 DYC	10.95	26.27	40.42	27.790
12	Evert Hof	10180601	H45 YC STOKVIS	11.40	26.85	41.98	28.746
13	Jelmer Vorderman	10180119	HA2 DNIJ	11.43	27.18	42.67	29.024
14	Klaas Jan van der Veen	10161657	H45 DYC	11.52	27.38	42.48	29.142
15	Dirk Gjaltema	10160224	H45 DYC	11.54	27.99	43.12	29.494
16	Hermen Velthuis	10163914	HA2 YC STOKVIS	11.93	27.50	42.83	29.662
17	Arno Luisman	10161611	H50 DYC	11.91	28.50	44.09	30.228
18	Jorick Sluiter	10160291	HA1 SPORTIEF	11.76	29.19	46.32	30.754
19	Gerben Hettinga	10166704	H45 DYC	12.33	29.04	44.28	30.866
20	Gerwin Boschloo	10165737	H45 DYC	12.12	29.90	44.15	30.916
21	Alex van Gelderen	10165531	H45 DYC	12.48	29.98	45.75	31.623
22	Hans ten Hag	10157917	H65 DYC	12.88	29.37	45.87	31.844
23	Lex de Boom	10165802	HSA DYC	12.53	30.54	45.86	31.882
24	Joute Donderwinkel	10161564	HA1 SSC de Graafschap	12.55	29.86	47.40	31.983
25	Henk Veneman	10155168	H65 DNIJ	12.81	30.21	47.15	32.310
26	Wilfred Loozeman	10155079	H45 SPORTIEF	13.02	31.49	46.09	32.734
27	Sjors Hissink	10155062	HN1 DYC	13.47	33.62	51.62	35.000