

Pos	Naam	Cat	Vereniging	100	300	500	Punten
1	Jasmijn Hiddink	10167246	DPA EIJV	12.36	29.08	46.14	31.281
2	Britt van der Linden	10166362	DPB YC STOKVIS	12.40	30.32	47.45	31.996
3	Ellis van Halteren	10164464	DPA DYC	12.62	30.33	47.52	32.234
4	Julia Vredenberg	10164249	DPA DYC	12.60	30.33	48.07	32.324
5	Tes Leferink	10157918	DPB DYC	12.58	30.59	48.25	32.426
6	Myrthe Kuiper	10166052	DPB DNIJ	12.47	30.61	48.88	32.449
7	Maud Salomons	10157500	DPA DNIJ	12.42	30.49	49.41	32.465
8	Lenneke Groot Koerkamp	10158934	DPA DYC	12.45	30.99	48.66	32.512
9	Noëmi de Boer	10162953	DPA DYC	12.76	31.08	48.67	32.854
10	Céline Hagen	10166103	DPA DYC	12.87	31.03	49.10	33.033
11	Amber Loonstra	10212995	DPB DNIJ	12.95	31.90	50.35	33.653
12	Kyara Pasman	10166000	DPB YC STOKVIS	12.98	32.75	52.46	34.388
13	Jette Beek	10171554	DPB DNIJ	13.51	32.75	52.63	34.952
14	Yonne Oonk	10208581	DPB YC STOKVIS	13.47	33.64	52.60	35.203
15	Annika Troost	10171758	DPB DYC	13.44	33.26	53.68	35.262
16	Elin Troost	10157721	DPA DYC	13.06	33.19	56.07	35.337
17	Luna Blumink	10164298	DPB DYC	13.51	32.79	54.54	35.348
18	Evy van Zoest	10213281	DPB DNIJ	13.08	33.59	55.65	35.406
19	Denice Burgmeijer	10165021	DPA TG DSO	13.31	33.81	54.55	35.490
20	Iris Rietman	10165605	DPC DYC	13.58	34.10	55.91	36.128
21	Mette ten Cate	10209775	DPC YC STOKVIS	13.73	34.74	56.05	36.520
22	Dalanda Jalloh	10197887	DPB DYC	13.77	34.76	57.27	36.810
23	Dilara Hultink	10216112	DPD TG SV ZWOLLE	13.56	35.37	58.24	36.998
24	Janneke Bos	10180328	DPB DYC	13.82	35.66	56.96	37.098
25	Annabel Weteringe	10206393	DPC SPORTIEF	14.19	35.71	56.61	37.415
26	Imre ten Have	10167297	DPB SPORTIEF	13.66	36.38	58.18	37.422
27	Nienke Krabbendam	10206450	DPC DYC	13.77	35.89	59.32	37.597
28	Carice Boekema	10214208	DPB DYC	14.07	36.83	59.01	38.148
29	Inge Blaakmeer	10196767	DPB EIJV	14.27	36.30	1:00.30	38.430
30	Veerle Friso	10215224	DPD DYC	13.58	36.78	1:03.97	38.634
31	Eva Weultjes	10210210	DPC TG DSO	14.51	36.82	1:00.29	38.841
32	Eline Jansen	10198305	DPA DYC	14.42	37.55	1:01.30	39.196
33	Mirte Pelgrum	10171201	DPB SPORTIEF	14.47	37.61	1:01.38	39.282
34	Jasmijn ter Haar	10183884	DPD SPORTIEF	14.33	37.80	1:04.76	39.882
35	Elyse Zielman	10205453	DPD YC ZWARTE WATER	14.47	38.58	1:03.13	39.956
36	Ineke Westra	10185331	DPB DYC	15.21	38.65	1:02.89	40.671
37	Maud van Geelen	10209281	DPB TG SV ZWOLLE	14.69	39.89	1:05.31	41.048
38	Bente van Bolhuis	10207663	DPD TG SV ZWOLLE	14.84	39.41	1:05.84	41.144
39	Elena Ruijtenberg	10219470	DPD TG SV ZWOLLE	14.48	40.49	1:09.18	41.812
40	Diede Salomons	10206634	DPE DNIJ	14.90	40.36	1:08.26	42.005
41	Isis van Til	10190344	DPC SPORTIEF	15.13	41.52	1:09.97	42.964

Pos	Naam		Cat	Vereniging	100	300	500	Punten
42	Yfke Raadsveld	10210205	DPE	TG DSO	15.28	42.89	1:11.09	43.794
43	Marthe Schalkwijk	10214463	DPD	SPORTIEF	15.66	41.93	1:11.78	43.992
44	Sanna van der Velde	10213169	DPE	YC STOKVIS	16.21	45.32	1:14.41	46.198
45	Lise Koier	10171217	DPD	DYC	15.84	44.83	1:19.42	46.667
46	Emma Wit	10220680	DPB	SPORTIEF	16.50	42.15	1:22.37	47.024
47	Lisa Huis in 't veld	10221073	DPF	TG DSO	15.96	46.55	1:20.30	47.536
48	Kim Pelgrum	10213275	DPD	SPORTIEF	16.60	50.14	1:12.08	47.729
49	Nova Tieke	10206876	DPD	YC STOKVIS	17.11	47.55	1:21.60	49.280
50	Dianna Zielman	10211970	DPA	YC ZWARTE WATER	17.43	48.88	1:20.86	49.895
51	Noor Klunder	10214502	DPF	SPORTIEF	16.60	50.29	1:23.21	50.005
52	Britt Boerrigter	10221545	DPD	YC STOKVIS	18.02	51.46	1:26.76	52.525

Pos	Naam		Cat	Vereniging	100	300	500	Punten
1	Yasmine Bouaziz	10157505	DC2	DNIJ	11.22	27.23	42.89	28.874
2	Loes Busser	10160459	DC2	YC IN BEWEGING	11.86	27.52	42.40	29.513
3	Birte Tellegen	10162885	DC1	YC STOKVIS	12.21	28.94	44.38	30.732
4	Daphne Olla	10188184	DC1	SPORTIEF	12.48	29.92	46.29	31.711
5	Bo Meijer	10162793	DC2	YC STOKVIS	12.40	30.08	46.68	31.762
6	Britt Bijker	10157533	DC1	YC STOKVIS	12.68	30.43	46.70	32.163
7	Cheryl Buitenhuis	10161644	DC2	DYC	12.52	29.93	48.46	32.188
8	Elke ten Have	10164279	DC1	SPORTIEF	12.42	30.46	48.54	32.281
9	Anna van Meijeren	10157804	DC1	EIJV	12.52	30.90	48.47	32.514
10	Suze Egbring	10163818	DC1	DYC	12.74	31.26	48.59	32.878
11	Lotte van den Noort	10171660	DC2	DYC	12.89	31.67	48.51	33.148
12	Noor Hettinga	10158557	DC2	DYC	13.15	31.62	48.00	33.290
13	Marit van Mullem	10165536	DC1	DYC	13.05	31.42	49.33	33.389
14	Mendy Pasman	10157532	DC2	YC STOKVIS	13.38	32.68	51.64	34.601
15	Fleur Krimp	10184351	DC2	DNIJ	13.53	33.15	51.96	34.972
16	Rinske Egers	10160485	DC2	DYC	14.30	36.48	56.33	37.726
17	Anna Super	10212548	DC1	TG SV ZWOLLE	14.23	36.97	1:00.62	38.677
18	Merle Hekkert	10188308	DC1	SPORTIEF	15.49	40.18	1:04.00	41.683

Pos	Naam		Cat	Vereniging	100	300	500	Punten
1	Zoë Tiemens	10162592	DB2	DNIJ	11.55	27.20	41.93	29.002
2	Quinty Vos	10161668	DB1	DNIJ	11.64	27.27	42.50	29.230
3	Famke Minnee	10163921	DB2	YC STOKVIS	11.95	27.33	41.36	29.332
4	Zefina de Bruin	10157787	DB2	THLF ARNHEM	12.21	29.18	44.42	30.820
5	Eline Jansen	10161500	DB2	SPORTIEF	12.62	29.30	43.98	31.182
6	Lente Strijtveen	10160411	DB1	DYC	12.31	29.62	45.10	31.203
7	Marit van Andel	10162691	DB1	EIJV	12.92	29.94	48.29	32.558
8	Sanne Loozeman	10161501	DB1	SPORTIEF	12.92	30.82	47.70	32.733
9	Demi Bartelds	10160322	DB2	DNIJ	13.08	30.97	48.91	33.185
10	Elzemieke Brouwer	10167367	DB2	DNIJ	13.14	32.30	50.40	33.986
11	Nynke Kreuwel	10163875	DB1	DNIJ	13.21	32.89	50.67	34.307
12	Eline ten Have	10159210	DB1	SPORTIEF	13.26	32.86	51.91	34.595
13	Merel Bos	10161735	DB2	SPORTIEF	15.43	32.99	51.15	36.656
14	Anna Keijzer	10164218	DB1	DYC	14.14	36.09	56.50	37.470
15	Roos van der Horst	10196770	DB1	EIJV	15.41	36.96	57.92	39.314

Pos	Naam		Cat	Vereniging	100	300	500	Punten
1	Muriël Meijer	10160449	DN1	SKEUVEL	11.34	26.74	40.39	28.331
2	Jitte Gjaltema	10155064	DN2	DYC	11.27	26.82	41.79	28.568
3	Marloes Westerhof	10155046	DSB	DYC	11.97	28.16	43.00	29.956
4	Antoinet van Essen-Prins	10155138	DSA	TG DSO	11.76	28.80	43.49	30.058
5	Nadine Schipper	10164471	DA1	DYC	11.76	28.53	44.48	30.166
6	Renske Winters	10163814	D40	SSC de Graafschap	12.10	28.38	43.81	30.322
7	Jeanette ten Hag	10161505	D40	DYC	12.14	28.67	43.89	30.474
8	Femke Assink	10161397	DA1	DYC	12.21	29.32	45.04	30.991
9	Stephanie Bunte	10155135	DSA	TG DSO	12.64	28.89	44.47	31.164
10	Inge van Essen	10155058	DSA	DYC	12.02	29.58	46.58	31.196
11	Joanne Spliethof	10217297	DSA	DYC	12.44	30.04	44.73	31.399
12	Wietske Bannink	10155055	DSA	DYC	12.28	29.82	47.14	31.648
13	Chantal Rietman-Herms	10171804	D40	DYC	12.49	29.80	46.19	31.661
14	Danique Dellink	10160237	DA2	DYC	12.59	30.34	46.53	32.009
15	Jasmijn Egers	10158188	DA2	DYC	12.70	30.90	47.87	32.574
16	Sacha Vos	10161634	DA1	DYC	12.91	31.37	48.51	33.068
17	Inge den Hartogh	10198445	D45	DYC	12.93	31.99	49.68	33.529
18	Zelda Welgraven	10160241	DA2	DYC	12.97	32.74	51.42	34.167
19	Anouk Kraa	10161370	DN1	TG SV ZWOLLE	13.35	32.65	50.24	34.281
20	Floor Hoevers	10166626	DN1	TJAS	13.98	32.18	51.13	34.932
21	Sara Egers	10161058	DA1	DYC	13.51	34.17	51.53	35.206
22	Nikki Winter	10205958	DA2	TG SV ZWOLLE	13.79	32.77	52.49	35.211

Pos	Naam	Cat	Vereniging	100	300	500	Punten
1	Floris van Velsen	HPA	DYC	11.99	28.88	44.89	30.594
2	Olaf Vunderink	HPA	DYC	12.11	28.90	45.33	30.809
3	Luuk van de Pol	HPB	YC STOKVIS	11.98	29.62	46.51	31.155
4	Bodhi Smeele	HPB	TG SV ZWOLLE	12.48	30.87	49.37	32.644
5	Jack Boekema	HPD	DYC	12.77	30.78	48.83	32.796
6	Jonas Bakker	HPB	TG SV ZWOLLE	12.52	31.43	49.95	32.986
7	Just Venema	HPA	TG SV ZWOLLE	12.86	31.31	49.10	33.116
8	Ruben de Rijk	HPB	TG DSO	13.01	31.43	49.08	33.302
9	Govert van der Weijden	HPB	DYC	13.05	31.70	51.98	34.012
10	Julius Ordelman	HPA	DYC	13.01	32.39	52.80	34.366
11	Etienne Tournier	HPB	DYC	13.10	32.96	52.25	34.536
12	Joris Mulder	HPC	DNIJ	13.39	33.06	52.73	34.956
13	Niels Teunissen	HPB	EIJV	13.69	33.76	54.26	35.795
14	Noam van de Koppel	HPC	DYC	13.60	33.83	54.77	35.830
15	Jeroen Stiekema	HPA	DNIJ	13.25	34.32	55.95	35.880
16	Jelle Kleinlugtenbeld	HPC	YC STOKVIS	13.42	33.95	56.84	36.104
17	Owen Ganzeboer	HPA	YC STOKVIS	14.79	32.69	52.18	36.122
18	Beau Kappers	HPB	SPORTIEF	13.72	34.28	55.53	36.252
19	Niels Hiddink	HPD	EIJV	14.04	33.70	55.26	36.325
20	Djem Smeele	HPD	TG SV ZWOLLE	13.77	34.56	55.55	36.400
21	Wietse Salomons	HPC	DNIJ	13.79	35.18	55.42	36.600
22	Stefan Everts	HPE	YC STOKVIS	13.75	34.98	56.12	36.634
23	Douwe Sweers	HPC	SPORTIEF	13.76	34.88	56.38	36.662
24	Dexter Braunius	HPA	DYC	13.38	36.76	57.42	37.117
25	Ties Sinke	HPA	DYC	14.22	35.27	56.49	37.274
26	Mees Klunder	HPD	SPORTIEF	13.62	35.52	59.51	37.362
27	Stan Veldhuizen	HPB	DYC	14.43	35.49	56.09	37.478
28	Daniël Uijlenbroek	HPA	DYC	13.09	43.10	50.84	37.624
29	Simon Wiegman	HPC	TG DSO	14.54	35.67	56.49	37.728
30	Sam Bebelaar	HPD	TG DSO	13.84	36.42	1:04.35	38.850
31	Niels Bakker	HPD	DNIJ	13.82	37.18	1:04.02	39.017
32	Marijn van Roekel	HPC	EIJV	14.37	36.97	1:02.92	39.277
33	Julian Neef	HPB	DYC	14.38	37.79	1:02.09	39.394
34	Wouter Reinders	HPB	DNIJ	14.46	39.50	1:02.17	40.060
35	Huub Smeets	HPB	SPORTIEF	14.44	38.79	1:03.59	40.088
36	Casper Hekkert	HPD	SPORTIEF	14.89	39.96	1:03.44	40.898
37	Tobi Kiers	HPC	DYC	14.59	40.16	1:06.28	41.232
38	Hugo Gabel	HPB	DYC	14.87	38.89	1:08.78	41.589
39	Jits Sinke	HPC	DYC	14.90	41.16	1:09.19	42.458
40	Dyon van de Vegte	HPB	SPORTIEF	15.16	40.09	1:09.75	42.473
41	Tristan Swenne	HPB	SPORTIEF	14.99	41.68	1:08.18	42.519

Pos	Naam		Cat	Vereniging	100	300	500	Punten
42	Finn Brouwer	10207921	HPC	TG SV ZWOLLE	15.29	40.55	1:08.82	42.570
43	Rens Edelijn	10188645	HPC	SPORTIEF	15.03	41.92	1:10.36	43.075
44	Thijmen van Haaf	10207573	HPB	SPORTIEF	14.61	42.39	1:12.53	43.246
45	Sven Heemskerk	10208592	HPB	SPORTIEF	15.30	42.20	1:09.99	43.364
46	Ramon Lammers	10209767	HPC	DYC	15.27	43.02	1:13.17	44.244
47	Kian Schoot	10206023	HPD	TG SV ZWOLLE	15.07	44.03	1:12.98	44.342
48	Daan Edelijn	10214695	HPE	SPORTIEF	16.07	42.82	1:16.86	45.715
49	Caspian Alexander	10220758	HPF	DYC	15.77	44.12	1:18.00	46.076
50	Niels Everts	10216971	HPF	YC STOKVIS	16.17	44.22	1:22.25	47.360
51	Just Klunder	10214765	HPF	DYC	16.77	49.02	1:22.54	49.618
52	Ojj Karel	10198620	HPA	SPORTIEF	18.68	47.87	1:21.80	50.996

Pos	Naam		Cat	Vereniging	100	300	500	Punten
1	Ruben Ribbink	10162796	HC2	SPORTIEF	10.82	25.53	39.81	27.292
2	Loek van Vilsteren	10158004	HC2	YC STOKVIS	11.38	26.80	39.98	28.309
3	Mats ten Cate	10159146	HC2	YC STOKVIS	11.40	27.19	41.23	28.709
4	Donald Stappenbelt	10165979	HC2	YC STOKVIS	11.65	27.93	43.13	29.586
5	Jelle Langevoort	10166079	HC2		11.86	28.38	42.81	29.882
6	Foma Komarov	10157987	HC1	DYC	11.57	28.84	46.29	30.441
7	Corné van Dooren	10158242	HC1	EIJV	11.80	28.90	45.53	30.539
8	Daniël van Velsen	10161645	HC2	DYC	12.07	29.33	44.26	30.698
9	Koen Bos	10165530	HC2	DYC	12.09	29.58	45.54	31.058
10	Wiebe de Rijk	10184346	HC1	TG DSO	12.51	29.49	44.06	31.152
11	Arne ter Beek	10158938	HC2	DYC	12.32	29.59	45.09	31.201
12	Thom van de Pol	10163672	HC2	STG LELYSTAD	12.55	30.82	50.25	32.873
13	Marick Tonnaer	10162311	HC1	DYC	13.19	32.12	49.25	33.746
14	Joris Jansen	10213296	HC1	YC STOKVIS	12.87	33.11	50.39	33.984
15	Lesley Bartelds	10157686	HC1	DNIJ	13.50	31.85	49.57	34.030
16	Guido Loonstra	10222651	HC2	DNIJ	13.34	32.05	51.94	34.411
17	Kelvin Seine	10180288	HC1	YC STOKVIS	13.39	33.70	53.44	35.311

Pos	Naam		Cat	Vereniging	100	300	500	Punten
1	Stefan Westenbroek	10166005	HB2	YC STOKVIS	9.79	23.01	35.65	24.590
2	Chris Fredriks	10160239	HB1	DYC	10.36	24.23	37.57	25.950
3	Mervin Maatman	10165996	HB2	SPORTIEF	10.34	24.55	38.27	26.177
4	Joep Wennemars	10160123	HB1	YC STOKVIS	10.74	24.67	38.12	26.587
5	Ruben Ligtenberg	10162888	HB1	DYC	10.83	24.64	37.94	26.631
6	Mees Hulst	10161118	HB1	YC STOKVIS	10.77	25.25	38.88	26.962
7	Jorian ten Cate	10157503	HB1	DNIJ	10.93	25.24	38.62	27.067
8	Ferenc Nijland	10164066	HB2	DYC	10.93	25.85	39.91	27.528
9	Joep Hofstede	10157584	HB1	SSC de Graafschap	11.19	26.25	40.73	28.086
10	Lars Woelders	10181890	HB2	CSV VRIEZENVEEN	11.29	26.44	40.11	28.125
11	Wester Landman	10166544	HB1	TG SV ZWOLLE	11.32	26.39	41.02	28.320
12	Niels Meijer	10161443	HB1	YC STOKVIS	11.28	26.61	40.90	28.330
13	Joost Dekkers	10159910	HB2	TG SV ZWOLLE	11.45	26.46	41.24	28.518
14	Daan van de Pol	10162573	HB1	YC STOKVIS	11.25	26.87	42.34	28.674
15	Mart Weuljtes	10171774	HB1	DYC	11.46	27.30	42.01	28.962
16	Rens Hiddink	10162442	HB1	DYC	11.48	27.80	43.08	29.362
17	Willem Jan Keppels	10162732	HB2	SSC de Graafschap	11.74	28.11	43.56	29.822
18	Stan Kleinlugtenbeld	10163636	HB1	YC STOKVIS	12.04	27.75	42.70	29.830
19	Rens Gietema	10161618	HB2	DYC	11.44	28.33	45.14	29.911
20	Niek Burgmeijer	10167046	HB1	TG DSO	12.21	28.60	44.46	30.635
21	Siemen Visser	10163880	HB2	DNIJ	12.41	29.06	44.32	30.960
22	Lars Marsman	10163911	HB1	YC STOKVIS	12.37	29.71	45.34	31.341
23	Koen Flokstra	10158759	HB2	DYC	12.47	29.90	44.82	31.400

Pos	Naam	Cat	Vereniging	100	300	500	Punten
1	Mika van Essen	10163873	HA2 DNIJ	9.98	23.84	35.97	25.120
2	Thijs Govers	10158179	HN2 SSC de Graafschap	10.14	23.78	35.99	25.264
3	Tim Hoogkamer	10163831	HN2 DYC	10.12	23.92	37.28	25.549
4	Jan Hein Verhoeff	10163359	HN1 SKEUVEL	10.36	24.18	37.07	25.834
5	Stijn Hulst	10161117	HN1 YC STOKVIS	10.64	24.84	38.44	26.608
6	Bart Hulst	10161736	HN3 ELS DELFT	10.56	24.99	39.15	26.720
7	Lasse Hiddink	10158216	HA1 DYC	10.73	25.19	38.56	26.838
8	Adriaan de Kluiver	10161430	HN1 DYC	10.87	25.20	38.53	26.976
9	Bas Elst	10161802	HN3 YC STOKVIS	10.77	25.28	39.22	27.040
10	Lars van Bommel	10161725	HA2 DYC	10.81	25.52	39.77	27.270
11	Ronald Mulder	10160080	HSB TG SV ZWOLLE	9.69	32.22	34.50	27.330
12	Harry Pardijs	10155152	H40 SSC de Graafschap	10.96	25.54	39.36	27.345
13	Chaim Boer	10161726	HA1 EIJV	10.98	25.64	39.15	27.356
14	Stijn Verhoeff	10163357	HA1 EIJV	11.10	25.89	39.92	27.714
15	Jurre Eldering	10179939	HA1 DYC	10.90	26.18	40.52	27.730
16	Ingmar Hof	10154927	HN1 YC STOKVIS	11.06	26.11	41.11	27.985
17	Jurre Kranenborg	10155050	HSB DYC	11.36	26.46	41.03	28.386
18	Evert Hof	10180601	H50 YC STOKVIS	11.39	27.15	41.30	28.700
19	Klaas Jan van der Veen	10161657	H45 DYC	11.65	27.54	42.61	29.352
20	Jesse Lemstra	10161005	HA1 TG SV ZWOLLE	11.61	27.59	43.65	29.536
21	Hermen Velthuis	10163914	HN1 YC STOKVIS	11.98	27.88	41.77	29.627
22	Daniël ten Cate	10157504	HA1 DNIJ	12.01	27.58	43.29	29.861
23	Gerwin Boschloo	10165737	H45 DYC	11.93	28.06	43.16	29.915
24	Roberto van Goor	10155132	H45 TG DSO	11.94	28.69	42.27	29.957
25	Sybren Kemper	10163887	HA1 YC STOKVIS	12.13	27.74	43.01	29.978
26	Dirk Gjaltema	10160224	H45 DYC	11.78	28.50	44.47	30.174
27	Gerben Hettinga	10166704	H50 DYC	12.12	28.27	43.28	30.199
28	Bert Keizer	10155129	H65 TG DSO	12.13	29.15	44.55	30.756
29	Paul Saakes	10160497	HA1 DNIJ	12.18	29.35	45.26	31.015
30	Lex de Boom	10165802	HSA DYC	12.60	30.06	44.98	31.616
31	Wilfred Loozeman	10155079	H45 SPORTIEF	12.86	30.13	46.77	32.257
32	Hans ten Hag	10157917	H65 DYC	12.94	30.63	46.05	32.360
33	Henk Veneman	10155168	H65 DNIJ	12.91	30.44	46.80	32.416
34	Marcel Bloemenkamp	10165998	H50 SPORTIEF	12.86	31.14	47.64	32.768