

Pos	Naam		Cat	Vereniging	500	1500	3000	Punten
1	Eline Jansen	10161500	DB2	SPORTIEF	44.22	2:07.84	4:18.86	129.976
2	Famke Minnee	10163921	DB2	YC STOKVIS	41.94	2:09.99	4:36.03	131.275
3	Quinty Vos	10161668	DB1	DNIJ	42.50	2:15.60	4:44.02	135.036
4	Zoë Tiemens	10162592	DB2	DNIJ	42.10	2:10.11	4:58.88	135.283
5	Zefina de Bruin	10157787	DB2	THLF ARNHEM	45.14	2:15.92	4:43.23	137.651
6	Ellen van Kernebeek	10160278	DB2	DYC	49.05	2:31.17	5:31.06	154.616
7	Lisa Isfordink	10165801	DB1	DYC	47.54	2:33.25	5:40.75	155.414
8	Lente Strijtveen	10160411	DB1	DYC	46.89	2:31.12	5:51.32	155.816

Pos	Naam		Cat	Vereniging	500	1500	3000	Punten
1	Minke Schipper	10161621	DA1	DYC	47.73	2:28.80	5:25.57	151.591
2	Jasmijn Egers	10158188	DA2	DYC	49.05	2:33.29	5:23.15	154.004
3	Danique Dellink	10160237	DA2	DYC	47.42	2:33.96	5:38.71	155.191
4	Sacha Vos	10161634	DA1	DYC	50.14	2:42.85	5:57.87	164.068

Pos	Naam		Cat	Vereniging	500	1500	3000	Punten
1	Sanne in 't Hof	10161831	DN2	DNIJ	41.26	2:01.45	4:13.54	123.999
2	Muriël Meijer	10160449	DN1	DYC	41.32	2:04.42	4:26.84	127.266
3	Jitte Gjaltema	10155064	DN2	DYC	41.79	2:11.02	4:47.24	133.336

Pos	Naam		Cat	Vereniging	500	1500	3000	Punten
1	Lotte van Beek	10155057	DSA	DYC	39.68	1:58.12	4:09.04	120.559
2	Rianne Gemmink	10155049	DSB	DYC	47.25	2:26.23	5:28.61	150.761
3	Linda van Oosterom - Garritsen	10157428	DSB	DYC	50.57	2:32.76	5:19.75	154.781
4	Joanne Spliethof	10217297	DSA	DYC	46.66	2:32.11	5:48.76	155.489

Pos	Naam		Cat	Vereniging	500	1500	3000	Punten
1	Chris Fredriks	10160239	HB1	DYC	38.14	1:56.48	4:06.07	117.977
2	Ruben Ligtenberg	10162888	HB1	DYC	38.26	1:56.13	4:10.12	118.656
3	Mervin Maatman	10165996	HB2	SPORTIEF	38.30	1:56.14	4:11.00	118.846
4	Joep Wennemars	10160123	HB1	YC STOKVIS	38.12	1:58.44	4:19.28	120.813
5	Lars Woelders	10181890	HB2	CSV VRIEZENVEEN	40.11	2:02.58	4:09.03	122.475
6	Jorian ten Cate	10157503	HB1	DNIJ	39.18	2:01.13	4:17.60	122.489
7	Niels Meijer	10161443	HB1	YC STOKVIS	41.33	2:03.37	4:16.95	125.278
8	Joost Dekkers	10159910	HB2	TG SV ZWOLLE	41.53	2:10.81	4:29.03	129.971
9	Ferenc Nijland	10164066	HB2	DYC	39.91	2:07.69	4:47.82	130.443
10	Luca Heesen	10161059	HB2	DYC	40.31	2:05.39	4:51.88	130.752
11	Joep Hofstede	10157584	HB1	SSC de Graafschap	40.73	2:11.53	4:40.37	131.301
12	Stan Kleinlugtenbeld	10163636	HB1	YC STOKVIS	42.70	2:08.40	4:36.83	131.638
13	Quinten Meerveld	10164065	HB2	YC STOKVIS	43.98	2:13.26	4:31.58	133.663
14	Siemen Visser	10163880	HB2	DNIJ	44.32	2:19.22	4:44.67	138.171
15	Mart Weuljtes	10171774	HB1	DYC	42.01	2:20.04	5:12.04	140.696
16	Rens Hiddink	10162442	HB1	DYC	44.21	2:22.89	5:04.15	142.531
17	Koen Flokstra	10158759	HB2	DYC	47.53	2:19.33	4:53.47	142.884

Pos	Naam		Cat	Vereniging	500	1500	3000	Punten
1	Lasse Hiddink	10158216	HA1	DYC	38.78	1:55.44	4:05.64	118.200
2	Lars van Bommel	10161725	HA2	DYC	39.77	1:58.93	4:14.52	121.833
3	Stijn Verhoeff	10163357	HA1	EIJV	40.37	2:10.03	4:43.32	130.933
4	Sybren Kemper	10163887	HA1	YC STOKVIS	43.01	2:09.70	4:37.13	132.431

Pos	Naam		Cat	Vereniging	500	1500	3000	Punten
1	Adriaan de Kluiver	10161430	HN1	DYC	38.79	1:54.04	3:57.76	116.429
2	Hermen Velthuis	10163914	HN1	YC STOKVIS	42.28	2:04.10	4:35.19	129.511

Pos	Naam		Cat	Vereniging	500	1500	3000	Punten
1	Harry Pardijs	10155152	H40	SSC de Graafschap	39.51	2:06.05	4:45.26	129.069
2	Roberto van Goor	10155132	H45	TG DSO	43.43	2:08.70	4:23.67	130.275
3	Gerwin Boschloo	10165737	H45	DYC	43.70	2:15.65	4:51.96	137.576

Pos	Naam		Cat	Vereniging	500	1500	3000	Punten
1	Gerben Hettinga	10166704	H50	DYC	43.99	2:11.40	4:43.44	135.030
2	Gert Jan Braas	10165918	H55	DYC	45.03	2:19.16	4:49.67	139.694
3	Frank Dekkers	10158737	H50	TG SV ZWOLLE	47.33	2:26.17	5:03.08	146.566

Pos	Naam		Cat	Vereniging	500	1500	3000	Punten
1	Hans ten Hag	10157917	H65	DYC	46.43	2:25.84	5:30.57	150.138