

| Pos | Naam                   |          | Cat | Vereniging | 500     | 1000    | Punten  |
|-----|------------------------|----------|-----|------------|---------|---------|---------|
| 1   | Jasmijn Hiddink        | 10167246 | DPA | EIJV       | 46.14   | 1:34.48 | 93.380  |
| 2   | Anna Jochemsen         | 10159288 | DPA | EIJV       | 47.23   | 1:37.09 | 95.775  |
| 3   | Britt van der Linden   | 10166362 | DPB | YC STOKVIS | 47.45   | 1:37.22 | 96.060  |
| 4   | Ellis van Halteren     | 10164464 | DPA | DYC        | 47.52   | 1:37.26 | 96.150  |
| 5   | Julia Vredenberg       | 10164249 | DPA | DYC        | 48.07   | 1:36.69 | 96.415  |
| 6   | Noëmi de Boer          | 10162953 | DPA | DYC        | 48.67   | 1:39.38 | 98.360  |
| 7   | Tes Leferink           | 10157918 | DPB | DYC        | 48.25   | 1:42.36 | 99.430  |
| 8   | Lenneke Groot Koerkamp | 10158934 | DPA | DYC        | 48.66   | 1:42.27 | 99.795  |
| 9   | Myrthe Kuiper          | 10166052 | DPB | DNIJ       | 48.88   | 1:44.00 | 100.880 |
| 10  | Maud Salomons          | 10157500 | DPA | DNIJ       | 49.41   | 1:44.68 | 101.750 |
| 11  | Amber Loonstra         | 10212995 | DPB | DNIJ       | 50.35   | 1:47.02 | 103.860 |
| 12  | Jette Beek             | 10171554 | DPB | DNIJ       | 52.63   | 1:52.72 | 108.990 |
| 13  | Yonne Oonk             | 10208581 | DPB | YC STOKVIS | 52.60   | 1:53.87 | 109.535 |
| 14  | Denice Burgmeijer      | 10165021 | DPA | TG DSO     | 54.55   | 1:56.39 | 112.745 |
| 15  | Eva Weultjes           | 10210210 | DPC | TG DSO     | 1:00.29 | 2:12.66 | 126.620 |

| Pos | Naam                |          | Cat | Vereniging     | 500     | 1000    | Punten  |
|-----|---------------------|----------|-----|----------------|---------|---------|---------|
| 1   | Loes Busser         | 10160459 | DC2 | YC IN BEWEGING | 42.40   | 1:25.09 | 84.945  |
| 2   | Yasmine Bouaziz     | 10157505 | DC2 | DNIJ           | 42.89   | 1:27.07 | 86.425  |
| 3   | Birte Tellegen      | 10162885 | DC1 | YC STOKVIS     | 44.38   | 1:31.04 | 89.900  |
| 4   | Daphne Olla         | 10188184 | DC1 | SPORTIEF       | 46.29   | 1:33.81 | 93.195  |
| 5   | Bo Meijer           | 10162793 | DC2 | YC STOKVIS     | 46.68   | 1:35.66 | 94.510  |
| 6   | Britt Bijker        | 10157533 | DC1 | YC STOKVIS     | 46.70   | 1:36.11 | 94.755  |
| 7   | Anna Grotentraast   | 10160334 | DC2 | SPORTIEF       | 47.39   | 1:36.58 | 95.680  |
| 8   | Noor Hettinga       | 10158557 | DC2 | DYC            | 48.00   | 1:36.44 | 96.220  |
| 9   | Suze Egbring        | 10163818 | DC1 | DYC            | 48.59   | 1:39.02 | 98.100  |
| 10  | Lotte van den Noort | 10171660 | DC2 | DYC            | 48.51   | 1:39.26 | 98.140  |
| 11  | Anna van Meijeren   | 10157804 | DC1 | EIJV           | 48.47   | 1:40.46 | 98.700  |
| 12  | Elke ten Have       | 10164279 | DC1 | SPORTIEF       | 48.54   | 1:41.04 | 99.060  |
| 13  | Cheryl Buitenhuis   | 10161644 | DC2 | DYC            | 48.46   | 1:41.86 | 99.390  |
| 14  | Marit van Mullem    | 10165536 | DC1 | DYC            | 49.33   | 1:43.37 | 101.015 |
| 15  | Pien Oude Hengel    | 10164338 | DC1 | DYC            | 49.96   | 1:45.52 | 102.720 |
| 16  | Marit de Ruiter     | 10166330 | DC1 | TG SV ZWOLLE   | 51.04   | 1:43.87 | 102.975 |
| 17  | Mendy Pasman        | 10157532 | DC2 | YC STOKVIS     | 51.64   | 1:44.88 | 104.080 |
| 18  | Fleur Krimp         | 10184351 | DC2 | DNIJ           | 51.96   | 1:47.69 | 105.805 |
| 19  | Rinske Egers        | 10160485 | DC2 | DYC            | 56.33   | 1:55.96 | 114.310 |
| 20  | Marit Bouwman       | 10218899 | DC1 | YC STOKVIS     | 1:02.04 | 2:09.46 | 126.770 |
| 21  | Anna Super          | 10212548 | DC1 | TG SV ZWOLLE   | 1:00.62 | 2:14.95 | 128.095 |
| 22  | Merle Hekkert       | 10188308 | DC1 | SPORTIEF       | 1:04.00 | 2:17.46 | 132.730 |
| 23  | Petra Keijzer       | 10164219 | DC1 | DYC            | 1:03.86 | 2:31.33 | 139.525 |
| 24  | Sara Penterman      | 10196773 | DC1 | EIJV           | 1:08.22 | 2:24.17 | 140.305 |

| Pos | Naam                  |          | Cat | Vereniging   | 500   | 1000    | Punten  |
|-----|-----------------------|----------|-----|--------------|-------|---------|---------|
| 1   | Famke Minnee          | 10163921 | DB2 | YC STOKVIS   | 41.36 | 1:21.12 | 81.920  |
| 2   | Zoë Tiemens           | 10162592 | DB2 | DNIJ         | 41.93 | 1:24.74 | 84.300  |
| 3   | Quinty Vos            | 10161668 | DB1 | DNIJ         | 42.50 | 1:25.92 | 85.460  |
| 4   | Eline Jansen          | 10161500 | DB2 | SPORTIEF     | 43.98 | 1:23.50 | 85.730  |
| 5   | Zefina de Bruin       | 10157787 | DB2 | THLF ARNHEM  | 44.42 | 1:29.52 | 89.180  |
| 6   | Lente Strijtveen      | 10160411 | DB1 | DYC          | 45.10 | 1:32.64 | 91.420  |
| 7   | Marte Kloosterman     | 10162890 | DB2 | TG SV ZWOLLE | 46.04 | 1:36.07 | 94.075  |
| 8   | Ellen van Kernebeek   | 10160278 | DB2 | DYC          | 46.70 | 1:35.10 | 94.250  |
| 9   | Charlene Schreuder    | 10163879 | DB2 | DNIJ         | 47.55 | 1:36.06 | 95.580  |
| 10  | Lisa Isfordink        | 10165801 | DB1 | DYC          | 47.23 | 1:37.14 | 95.800  |
| 11  | Sanne Loozeman        | 10161501 | DB1 | SPORTIEF     | 47.70 | 1:38.15 | 96.775  |
| 12  | Marit van Anandel     | 10162691 | DB1 | EIJV         | 48.29 | 1:38.51 | 97.545  |
| 13  | Fleur Koopman         | 10161608 | DB2 | EIJV         | 47.34 | 1:40.95 | 97.815  |
| 14  | Demi Bartelds         | 10160322 | DB2 | DNIJ         | 48.91 | 1:38.83 | 98.325  |
| 15  | Kris Wieringa         | 10162213 | DB2 | TG SV ZWOLLE | 50.27 | 1:38.78 | 99.660  |
| 16  | Megan Bootsveld       | 10179347 | DB2 | DYC          | 49.38 | 1:40.70 | 99.730  |
| 17  | Maureen Vos           | 10161004 | DB2 | TG SV ZWOLLE | 50.97 | 1:44.74 | 103.340 |
| 18  | Merel Bos             | 10161735 | DB2 | SPORTIEF     | 51.15 | 1:45.83 | 104.065 |
| 19  | Nynke Kreuwel         | 10163875 | DB1 | DNIJ         | 50.67 | 1:47.73 | 104.535 |
| 20  | Eline ten Have        | 10159210 | DB1 | SPORTIEF     | 51.91 | 1:52.44 | 108.130 |
| 21  | Noor Wieringa         | 10162212 | DB1 | TG SV ZWOLLE | 53.93 | 1:53.71 | 110.785 |
| 22  | Josien van den Tempel | 10164045 | DB1 | EIJV         | 56.57 | 1:51.31 | 112.225 |
| 23  | Inez Postma           | 10196780 | DB1 | EIJV         | 55.31 | 1:57.06 | 113.840 |
| 24  | Anna Keijzer          | 10164218 | DB1 | DYC          | 56.50 | 1:57.94 | 115.470 |
| 25  | Anne Rittersma        | 10166679 | DB1 | EIJV         | 56.83 | 1:57.52 | 115.590 |
| 26  | Roos van der Horst    | 10196770 | DB1 | EIJV         | 57.92 | 2:01.53 | 118.685 |

| Pos | Naam              |          | Cat | Vereniging   | 500   | 1000    | Punten  |
|-----|-------------------|----------|-----|--------------|-------|---------|---------|
| 1   | Nadine Schipper   | 10164471 | DA1 | DYC          | 44.48 | 1:31.15 | 90.055  |
| 2   | Femke Assink      | 10161397 | DA1 | DYC          | 45.04 | 1:30.65 | 90.365  |
| 3   | Danique Dellink   | 10160237 | DA2 | DYC          | 46.53 | 1:35.09 | 94.075  |
| 4   | Minke Schipper    | 10161621 | DA1 | DYC          | 47.62 | 1:37.46 | 96.350  |
| 5   | Jasmijn Egers     | 10158188 | DA2 | DYC          | 47.87 | 1:39.36 | 97.550  |
| 6   | Sacha Vos         | 10161634 | DA1 | DYC          | 48.51 | 1:39.94 | 98.480  |
| 7   | Linde Maatman     | 10165997 | DA2 | SPORTIEF     | 47.95 | 1:41.33 | 98.615  |
| 8   | Inge Pelgröm      | 10155088 | DA1 | SPORTIEF     | 52.13 | 1:45.02 | 104.640 |
| 9   | Maureen Klaassen  | 10160243 | DA2 | SPORTIEF     | 51.31 | 1:47.23 | 104.925 |
| 10  | Nikki Winter      | 10205958 | DA2 | TG SV ZWOLLE | 52.49 | 1:46.86 | 105.920 |
| 11  | Zelda Welgraven   | 10160241 | DA2 | DYC          | 51.42 | 1:50.68 | 106.760 |
| 12  | Sara Egers        | 10161058 | DA1 | DYC          | 51.53 | 1:51.67 | 107.365 |
| 13  | Marieke Geverinck | 10163874 | DA2 | DNIJ         | 55.89 | 1:45.71 | 108.745 |

| Pos | Naam                 |          | Cat | Vereniging   | 500     | 1000    | Punten  |
|-----|----------------------|----------|-----|--------------|---------|---------|---------|
| 1   | Elisa Dul            | 10161830 | DN1 | SKOV         | 38.96   | 1:15.83 | 76.875  |
| 2   | Muriël Meijer        | 10160449 | DN1 | SKEUVEL      | 40.39   | 1:19.39 | 80.085  |
| 3   | Sanne in 't Hof      | 10161831 | DN2 | DNIJ         | 40.54   | 1:19.34 | 80.210  |
| 4   | Jitte Gjaltema       | 10155064 | DN2 | DYC          | 41.79   | 1:24.07 | 83.825  |
| 5   | Anke Breunis         | 10154928 | DN1 | YC STOKVIS   | 43.80   | 1:28.64 | 88.120  |
| 6   | Iris Jansen          | 10162591 | DN1 | DNIJ         | 45.37   | 1:35.18 | 92.960  |
| 7   | Anouk Kraa           | 10161370 | DN1 | TG SV ZWOLLE | 50.24   | 1:49.48 | 104.980 |
| 8   | Yvonne van Baardwijk | 10217904 | DN4 | EIJV         | 1:14.73 | 2:50.63 | 160.045 |

| Pos | Naam                              |          | Cat | Vereniging   | 500   | 1000    | Punten  |
|-----|-----------------------------------|----------|-----|--------------|-------|---------|---------|
| 1   | Lotte van Beek                    | 10155057 | DSA | DYC          | 38.98 | 1:15.42 | 76.690  |
| 2   | Marloes Westerhof                 | 10155046 | DSB | DYC          | 43.00 | 1:27.42 | 86.710  |
| 3   | Antoinet van Essen-Prins          | 10155138 | DSA | TG DSO       | 43.49 | 1:30.46 | 88.720  |
| 4   | Joanne Spliethof                  | 10217297 | DSA | DYC          | 44.73 | 1:34.68 | 92.070  |
| 5   | Dorianne Kok                      | 10179888 | DSA | TG SV ZWOLLE | 45.37 | 1:36.27 | 93.505  |
| 6   | Rianne Gemmink                    | 10155049 | DSB | DYC          | 46.48 | 1:35.59 | 94.275  |
| 7   | Inge van Essen                    | 10155058 | DSA | DYC          | 46.58 | 1:35.49 | 94.325  |
| 8   | Wietske Bannink                   | 10155055 | DSA | DYC          | 47.14 | 1:39.21 | 96.745  |
| 9   | Anouk Zweverink                   | 10217243 | DSA | DYC          | 48.97 | 1:42.23 | 100.085 |
| 10  | Linda van Oosterom -<br>Garritsen | 10157428 | DSB | DYC          | 49.22 | 1:50.04 | 104.240 |
| 11  | Rianne Joolink                    | 10214266 | DSB | SPORTIEF     | 56.86 | 1:55.36 | 114.540 |

| Pos | Naam                  |          | Cat | Vereniging        | 500     | 1000    | Punten  |
|-----|-----------------------|----------|-----|-------------------|---------|---------|---------|
| 1   | Renske Winters        | 10163814 | D40 | SSC de Graafschap | 43.81   | 1:27.18 | 87.400  |
| 2   | Jeanette ten Hag      | 10161505 | D40 | DYC               | 43.89   | 1:29.03 | 88.405  |
| 3   | Chantal Rietman-Herms | 10171804 | D40 | DYC               | 46.19   | 1:34.20 | 93.290  |
| 4   | Inge den Hartogh      | 10198445 | D45 | DYC               | 49.68   | 1:45.49 | 102.425 |
| 5   | Sytske Nawijn         | 10213383 | D45 | DYC               | 1:01.37 | 2:00.17 | 121.455 |
| 6   | Wietske Brandsma      | 10198392 | D40 | DYC               | 1:00.17 | 2:05.25 | 122.795 |
| 7   | Lucet van der Voet    | 10213373 | D45 | DYC               | 1:16.79 | 2:41.59 | 157.585 |

| Pos | Naam                          |          | Cat | Vereniging | 500     | 1000    | Punten  |
|-----|-------------------------------|----------|-----|------------|---------|---------|---------|
| 1   | Marlies Verhoeff-van den Berg | 10196778 | D50 | EIJV       | 55.43   | 1:50.54 | 110.700 |
| 2   | Japke Vellinga-van Dijk       | 10173661 | D50 | EIJV       | 1:09.95 | 2:22.65 | 141.275 |



| Pos | Naam            |          | Cat | Vereniging | 500     | 1000    | Punten  |
|-----|-----------------|----------|-----|------------|---------|---------|---------|
| 1   | Betsie Slaghuis | 10160229 | D60 | DYC        | 56.46   | 1:53.60 | 113.260 |
| 2   | Bea de Boer     | 10209614 | D60 | EIJV       | 1:11.29 | 2:27.82 | 145.200 |

| Pos | Naam               |          | Cat | Vereniging      | 500     | 1000    | Punten  |
|-----|--------------------|----------|-----|-----------------|---------|---------|---------|
| 1   | Floris van Velsen  | 10162855 | HPA | DYC             | 44.89   | 1:31.51 | 90.645  |
| 2   | Olaf Vunderink     | 10157723 | HPA | DYC             | 45.33   | 1:31.56 | 91.110  |
| 3   | Luuk van de Pol    | 10165668 | HPB | YC STOKVIS      | 46.51   | 1:43.29 | 98.155  |
| 4   | Ruben de Rijk      | 10191316 | HPB | TG DSO          | 49.08   | 1:38.46 | 98.310  |
| 5   | Just Venema        | 10165926 | HPA | TG SV ZWOLLE    | 49.10   | 1:42.56 | 100.380 |
| 6   | Bodhi Smeele       | 10205956 | HPB | TG SV ZWOLLE    | 49.37   | 1:43.00 | 100.870 |
| 7   | Jack Boekema       | 10197867 | HPD | DYC             | 48.83   | 1:44.17 | 100.915 |
| 8   | Jonas Bakker       | 10198057 | HPB | TG SV ZWOLLE    | 49.95   | 1:42.95 | 101.425 |
| 9   | Daniël Uijlenbroek | 10206455 | HPA | DYC             | 50.84   | 1:47.71 | 104.695 |
| 10  | Joris Mulder       | 10179514 | HPC | DNIJ            | 52.73   | 1:47.45 | 106.455 |
| 11  | Owen Ganzeboer     | 10167318 | HPA | YC STOKVIS      | 52.18   | 1:50.58 | 107.470 |
| 12  | Niels Hiddink      | 10204072 | HPD | EIJV            | 55.26   | 1:51.02 | 110.770 |
| 13  | Wouter Reinders    | 10219952 | HPB | DNIJ            | 1:02.17 | 2:13.98 | 129.160 |
| 14  | Bram Bleumink      | 10222590 | HPA | STG RIJN-IJSSEL | 1:07.21 | 2:21.18 | 137.800 |
| 15  | Rins Kilkens       | 10222589 | HPB | STG RIJN-IJSSEL | 1:20.64 | 2:50.59 | 165.935 |
| 16  | Dinand Rozendaal   | 10218719 | HPA | YC STOKVIS      | 1:20.27 | 3:18.30 | 179.420 |

| Pos | Naam                   |          | Cat | Vereniging        | 500     | 1000    | Punten  |
|-----|------------------------|----------|-----|-------------------|---------|---------|---------|
| 1   | Ruben Ribbink          | 10162796 | HC2 | SPORTIEF          | 39.81   | 1:20.52 | 80.070  |
| 2   | Loek van Vilsteren     | 10158004 | HC2 | YC STOKVIS        | 39.98   | 1:20.78 | 80.370  |
| 3   | Mats ten Cate          | 10159146 | HC2 | YC STOKVIS        | 41.23   | 1:22.25 | 82.355  |
| 4   | Jelle Langevoort       | 10166079 | HC2 |                   | 42.81   | 1:25.39 | 85.505  |
| 5   | Donald Stappenbelt     | 10165979 | HC2 | YC STOKVIS        | 43.13   | 1:26.70 | 86.480  |
| 6   | Wiebe de Rijk          | 10184346 | HC1 | TG DSO            | 44.06   | 1:28.56 | 88.340  |
| 7   | Daniël van Velsen      | 10161645 | HC2 | DYC               | 44.26   | 1:28.98 | 88.750  |
| 8   | Arne ter Beek          | 10158938 | HC2 | DYC               | 45.09   | 1:32.72 | 91.450  |
| 9   | Koen Bos               | 10165530 | HC2 | DYC               | 45.54   | 1:32.68 | 91.880  |
| 10  | Corné van Dooren       | 10158242 | HC1 | EIJV              | 45.53   | 1:33.73 | 92.395  |
| 11  | Koen Verhoeff          | 10163360 | HC1 | EIJV              | 46.44   | 1:34.45 | 93.665  |
| 12  | Tijn Berghenhenegouwen | 10162601 | HC2 | SSC de Graafschap | 46.31   | 1:35.78 | 94.200  |
| 13  | Foma Komarov           | 10157987 | HC1 | DYC               | 46.29   | 1:37.03 | 94.805  |
| 14  | Bram Kloosterman       | 10158437 | HC1 | TG SV ZWOLLE      | 47.63   | 1:36.10 | 95.680  |
| 15  | Renier van Roekel      | 10164044 | HC1 | EIJV              | 47.81   | 1:36.41 | 96.015  |
| 16  | Lesley Bartelds        | 10157686 | HC1 | DNIJ              | 49.57   | 1:40.59 | 99.865  |
| 17  | Marick Tonnaer         | 10162311 | HC1 | DYC               | 49.25   | 1:42.91 | 100.705 |
| 18  | Joris Jansen           | 10213296 | HC1 | YC STOKVIS        | 50.39   | 1:41.89 | 101.335 |
| 19  | Thom van de Pol        | 10163672 | HC2 | STG LELYSTAD      | 50.25   | 1:44.97 | 102.735 |
| 20  | Jonah van de Koppel    | 10166711 | HC1 | DYC               | 51.09   | 1:44.72 | 103.450 |
| 21  | Guido Loonstra         | 10222651 | HC2 | DNIJ              | 51.94   | 1:47.68 | 105.780 |
| 22  | Erik Eilander          | 10208041 | HC2 | YC STOKVIS        | 49.63   | 1:52.88 | 106.070 |
| 23  | Kelvin Seine           | 10180288 | HC1 | YC STOKVIS        | 53.44   | 1:56.00 | 111.440 |
| 24  | Mathieu Tournier       | 10166623 | HC1 | DYC               | 55.13   | 1:53.67 | 111.965 |
| 25  | Alex Braas             | 10166108 | HC2 | DYC               | 56.22   | 1:58.90 | 115.670 |
| 26  | Roel Reijneveld        | 10171048 | HC1 | EIJV              | 1:07.42 | 2:20.28 | 137.560 |

| Pos | Naam                 |          | Cat | Vereniging        | 500   | 1000    | Punten  |
|-----|----------------------|----------|-----|-------------------|-------|---------|---------|
| 1   | Stefan Westenbroek   | 10166005 | HB2 | YC STOKVIS        | 35.65 | 1:11.62 | 71.460  |
| 2   | Chris Fredriks       | 10160239 | HB1 | DYC               | 37.57 | 1:13.44 | 74.290  |
| 3   | Mervin Maatman       | 10165996 | HB2 | SPORTIEF          | 38.27 | 1:14.81 | 75.675  |
| 4   | Joep Wennemars       | 10160123 | HB1 | YC STOKVIS        | 38.12 | 1:15.88 | 76.060  |
| 5   | Jorian ten Cate      | 10157503 | HB1 | DNIJ              | 38.62 | 1:16.57 | 76.905  |
| 6   | Mees Hulst           | 10161118 | HB1 | YC STOKVIS        | 38.88 | 1:18.16 | 77.960  |
| 7   | Luca Heesen          | 10161059 | HB2 | DYC               | 39.37 | 1:19.84 | 79.290  |
| 8   | Lars Woelders        | 10181890 | HB2 | CSV VRIEZENVEEN   | 40.11 | 1:18.78 | 79.500  |
| 9   | Ferenc Nijland       | 10164066 | HB2 | DYC               | 39.91 | 1:21.90 | 80.860  |
| 10  | Niels Meijer         | 10161443 | HB1 | YC STOKVIS        | 40.90 | 1:20.59 | 81.195  |
| 11  | Joep Hofstede        | 10157584 | HB1 | SSC de Graafschap | 40.73 | 1:22.53 | 81.995  |
| 12  | Wester Landman       | 10166544 | HB1 | TG SV ZWOLLE      | 41.02 | 1:23.80 | 82.920  |
| 13  | Joost Dekkers        | 10159910 | HB2 | TG SV ZWOLLE      | 41.24 | 1:23.49 | 82.985  |
| 14  | Mart Weuljtes        | 10171774 | HB1 | DYC               | 42.01 | 1:24.60 | 84.310  |
| 15  | Stan Kleinlugtenbeld | 10163636 | HB1 | YC STOKVIS        | 42.70 | 1:23.63 | 84.515  |
| 16  | Daan van de Pol      | 10162573 | HB1 | YC STOKVIS        | 42.34 | 1:26.28 | 85.480  |
| 17  | Rens Hiddink         | 10162442 | HB1 | DYC               | 43.08 | 1:25.52 | 85.840  |
| 18  | Quinten Meerveld     | 10164065 | HB2 | YC STOKVIS        | 43.98 | 1:26.33 | 87.145  |
| 19  | Willem Jan Keppels   | 10162732 | HB2 | SSC de Graafschap | 43.56 | 1:27.46 | 87.290  |
| 20  | Niek Burgmeijer      | 10167046 | HB1 | TG DSO            | 44.46 | 1:28.54 | 88.730  |
| 21  | Siemen Visser        | 10163880 | HB2 | DNIJ              | 44.32 | 1:29.15 | 88.895  |
| 22  | Sander Liefvering    | 10165995 | HB1 | YVD96             | 44.06 | 1:31.79 | 89.955  |
| 23  | Rens Gietema         | 10161618 | HB2 | DYC               | 45.14 | 1:31.33 | 90.805  |
| 24  | Koen Flokstra        | 10158759 | HB2 | DYC               | 44.82 | 1:32.77 | 91.205  |
| 25  | Jesse van der Beek   | 10206368 | HB1 | SPORTIEF          | 51.63 | 1:46.05 | 104.655 |

| Pos | Naam             |          | Cat | Vereniging   | 500   | 1000    | Punten  |
|-----|------------------|----------|-----|--------------|-------|---------|---------|
| 1   | Mika van Essen   | 10163873 | HA2 | DNIJ         | 35.97 | 1:10.50 | 71.220  |
| 2   | Lasse Hiddink    | 10158216 | HA1 | DYC          | 38.56 | 1:16.01 | 76.565  |
| 3   | Chaim Boer       | 10161726 | HA1 | EIJV         | 39.15 | 1:18.77 | 78.535  |
| 4   | Lars van Bommel  | 10161725 | HA2 | DYC          | 39.77 | 1:17.90 | 78.720  |
| 5   | Stijn Verhoeff   | 10163357 | HA1 | EIJV         | 39.92 | 1:19.42 | 79.630  |
| 6   | Jurre Eldering   | 10179939 | HA1 | DYC          | 40.52 | 1:20.56 | 80.800  |
| 7   | Florian Meijer   | 10161062 | HA1 | DYC          | 41.57 | 1:23.45 | 83.295  |
| 8   | Igor Vunderink   | 10159912 | HA2 | YC STOKVIS   | 41.82 | 1:26.19 | 84.915  |
| 9   | Sybren Kemper    | 10163887 | HA1 | YC STOKVIS   | 43.01 | 1:27.84 | 86.930  |
| 10  | Daniël ten Cate  | 10157504 | HA1 | DNIJ         | 43.29 | 1:27.63 | 87.105  |
| 11  | Maxim van Marle  | 10161441 | HA1 | YC STOKVIS   | 43.78 | 1:27.21 | 87.385  |
| 12  | Jesse Lemstra    | 10161005 | HA1 | TG SV ZWOLLE | 43.65 | 1:31.24 | 89.270  |
| 13  | Paul Saakes      | 10160497 | HA1 | DNIJ         | 45.26 | 1:33.97 | 92.245  |
| 14  | Jorick Sluiter   | 10160291 | HA2 | SPORTIEF     | 44.71 | 1:37.36 | 93.390  |
| 15  | Henk-Jan Keijzer | 10164217 | HA1 | DYC          | 49.80 | 1:46.27 | 102.935 |

| Pos | Naam               |          | Cat | Vereniging        | 500   | 1000    | Punten  |
|-----|--------------------|----------|-----|-------------------|-------|---------|---------|
| 1   | Thijs Govers       | 10158179 | HN2 | SSC de Graafschap | 35.99 | 1:10.36 | 71.170  |
| 2   | Jan Hein Verhoeff  | 10163359 | HN1 | SKEUVEL           | 37.07 | 1:13.72 | 73.930  |
| 3   | Tim Hoogkamer      | 10163831 | HN2 | DYC               | 37.28 | 1:14.34 | 74.450  |
| 4   | Adriaan de Kluiver | 10161430 | HN1 | DYC               | 38.53 | 1:14.96 | 76.010  |
| 5   | Stijn Hulst        | 10161117 | HN1 | YC STOKVIS        | 38.44 | 1:17.18 | 77.030  |
| 6   | Bas Elst           | 10161802 | HN3 | YC STOKVIS        | 39.22 | 1:16.64 | 77.540  |
| 7   | Bart Hulst         | 10161736 | HN3 | ELS DELFT         | 39.15 | 1:20.56 | 79.430  |
| 8   | Ingmar Hof         | 10154927 | HN1 | YC STOKVIS        | 41.11 | 1:27.14 | 84.680  |
| 9   | Hermen Velthuis    | 10163914 | HN1 | YC STOKVIS        | 41.77 | 1:26.27 | 84.905  |
| 10  | Tijmen Kruiper     | 10206823 | HN3 | DYC               | 43.55 | 1:26.66 | 86.880  |
| 11  | Sjors Hissink      | 10155062 | HN2 | DYC               | 51.30 | 1:46.95 | 104.775 |

| Pos | Naam                 |          | Cat | Vereniging   | 500   | 1000    | Punten  |
|-----|----------------------|----------|-----|--------------|-------|---------|---------|
| 1   | Thomas Krol          | 10155093 | HSA | SPORTIEF     | 35.14 | 1:07.67 | 68.975  |
| 2   | Michel Mulder        | 10160079 | HSB | TG SV ZWOLLE | 34.62 | 1:09.34 | 69.290  |
| 3   | Ronald Mulder        | 10160080 | HSB | TG SV ZWOLLE | 34.50 | 1:09.68 | 69.340  |
| 4   | Jan Smeekens         | 10155048 | HSB | DYC          | 34.68 | 1:10.69 | 70.025  |
| 5   | Jelmer van Vilsteren | 10154969 | HSB | TG SV ZWOLLE | 40.29 | 1:20.62 | 80.600  |
| 6   | Teunis Westerbroek   | 10159591 | HSA | LWSC         | 41.01 | 1:20.19 | 81.105  |
| 7   | Jurre Kranenburg     | 10155050 | HSB | DYC          | 41.03 | 1:21.38 | 81.720  |
| 8   | Herjan Sluiter       | 10155090 | HSB | SPORTIEF     | 41.38 | 1:25.41 | 84.085  |
| 9   | Gerben van Vilsteren | 10154967 | HSB | TG SV ZWOLLE | 43.75 | 1:26.15 | 86.825  |
| 10  | Lex de Boom          | 10165802 | HSA | DYC          | 44.98 | 1:31.71 | 90.835  |
| 11  | Jarco Gorkink        | 10155091 | HSA | SPORTIEF     | 47.07 | 1:37.33 | 95.735  |
| 12  | Marcel Klompmaker    | 10221298 | HSA | DYC          | 51.04 | 1:47.35 | 104.715 |
| 13  | Ewald van Bussel     | 10155083 | HSA | SPORTIEF     | 52.59 | 1:46.92 | 106.050 |

| Pos | Naam                   |          | Cat | Vereniging        | 500     | 1000    | Punten  |
|-----|------------------------|----------|-----|-------------------|---------|---------|---------|
| 1   | Harry Pardijs          | 10155152 | H40 | SSC de Graafschap | 39.36   | 1:19.77 | 79.245  |
| 2   | Roberto van Goor       | 10155132 | H45 | TG DSO            | 42.27   | 1:23.19 | 83.865  |
| 3   | Floris Klunder         | 10216820 | H40 | DYC               | 42.41   | 1:23.53 | 84.175  |
| 4   | Gerwin Boschloo        | 10165737 | H45 | DYC               | 43.16   | 1:26.02 | 86.170  |
| 5   | Klaas Jan van der Veen | 10161657 | H45 | DYC               | 42.61   | 1:30.69 | 87.955  |
| 6   | Arjen Tysma            | 10158589 | H45 | DYC               | 44.49   | 1:29.62 | 89.300  |
| 7   | Dirk Gjaltema          | 10160224 | H45 | DYC               | 44.47   | 1:30.05 | 89.495  |
| 8   | Jan-Willem van Velsen  | 10198584 | H45 | DYC               | 45.18   | 1:29.34 | 89.850  |
| 9   | Alex van Gelderen      | 10165531 | H45 | DYC               | 47.10   | 1:35.61 | 94.905  |
| 10  | Henk Liefink           | 10160228 | H45 | DYC               | 47.97   | 1:35.11 | 95.525  |
| 11  | Eric Reinders          | 10165956 | H45 | DYC               | 50.55   | 1:44.14 | 102.620 |
| 12  | Dennis Jansen          | 10180173 | H40 | SPORTIEF          | 51.32   | 1:44.29 | 103.465 |
| 13  | Gerard van de Vegte    | 10220055 | H45 | SPORTIEF          | 1:06.21 | 2:13.19 | 132.805 |
| 14  | Waldo van Veen         | 10215642 | H45 | SPORTIEF          | 1:05.89 | 2:17.51 | 134.645 |



| Pos | Naam                   |          | Cat | Vereniging   | 500     | 1000    | Punten  |
|-----|------------------------|----------|-----|--------------|---------|---------|---------|
| 1   | Evert Hof              | 10180601 | H50 | YC STOKVIS   | 41.30   | 1:22.86 | 82.730  |
| 2   | Gerben Hettinga        | 10166704 | H50 | DYC          | 43.28   | 1:22.92 | 84.740  |
| 3   | Gert Jan Braas         | 10165918 | H55 | DYC          | 43.08   | 1:24.57 | 85.365  |
| 4   | Rudie Assink           | 10165711 | H50 | DYC          | 43.69   | 1:28.75 | 88.065  |
| 5   | Frank Dekkers          | 10158737 | H50 | TG SV ZWOLLE | 46.73   | 1:33.08 | 93.270  |
| 6   | Tijnis Verhoeff        | 10163358 | H55 | EIJV         | 47.29   | 1:35.05 | 94.815  |
| 7   | Bas Hagen              | 10198441 | H50 | DYC          | 47.07   | 1:35.67 | 94.905  |
| 8   | Marcel Bloemenkamp     | 10165998 | H50 | SPORTIEF     | 47.64   | 1:36.05 | 95.665  |
| 9   | Pauljohan van Andel    | 10180038 | H50 | EIJV         | 48.36   | 1:36.65 | 96.685  |
| 10  | Peter van de Pol       | 10212287 | H50 | DYC          | 48.55   | 1:38.74 | 97.920  |
| 11  | Frans Uijlenbroek      | 10213870 | H50 | DYC          | 51.64   | 1:41.27 | 102.275 |
| 12  | Fridus van der Weijden | 10198596 | H50 | DYC          | 52.29   | 1:41.78 | 103.180 |
| 13  | Martin Strijtveen      | 10198565 | H55 | DYC          | 51.99   | 1:43.34 | 103.660 |
| 14  | John Ensing            | 10208764 | H50 | DYC          | 52.92   | 1:41.92 | 103.880 |
| 15  | Frank Zuijdweg         | 10198611 | H55 | DYC          | 56.57   | 1:51.29 | 112.215 |
| 16  | Dennis van der Hust    | 10186680 | H50 | SPORTIEF     | 56.12   | 1:56.15 | 114.195 |
| 17  | Marco Tournier         | 10198575 | H50 | DYC          | 56.77   | 1:56.73 | 115.135 |
| 18  | Leo Pelgröm            | 10186682 | H55 | SPORTIEF     | 59.82   | 2:04.80 | 122.220 |
| 19  | Richard Hekkert        | 10190333 | H55 | SPORTIEF     | 1:03.05 | 2:11.89 | 128.995 |

| Pos | Naam             |          | Cat | Vereniging | 500   | 1000    | Punten  |
|-----|------------------|----------|-----|------------|-------|---------|---------|
| 1   | Bert Keizer      | 10155129 | H65 | TG DSO     | 44.55 | 1:27.55 | 88.325  |
| 2   | Hans ten Hag     | 10157917 | H65 | DYC        | 46.05 | 1:32.85 | 92.475  |
| 3   | Henk Veneman     | 10155168 | H65 | DNIJ       | 46.80 | 1:36.55 | 95.075  |
| 4   | Sikko Kranenborg | 10155060 | H65 | DYC        | 52.89 | 1:48.56 | 107.170 |